

# EMILIN ROSE THOMAS

7594023298



lettertonise@gmail.com



Ernakulam, Kerala



Medical and Psychiatric Social Worker

## OBJECTIVE

To seek a challenging position as a medical social worker in your hospital so that I can do my best by using my complete effort and skill like documentation, active listening, time management, effective communication, leadership, teamwork, and I can also advance my knowledge and abilities, tackle tough opportunities head-on, and use all of my efficiency in any professional setting where I do my duties.

## EDUCATION

### St. Albert's College (Autonomous)

Master of Social Work - Medical and Psychiatry  
2022 - pursuing

### Rajagiri College of Social Sciences (Autonomous)

Bachelor of Social Work  
2017 - 2020

### St. Teresa's CGHSS, Ernakulam

Humanities  
2015 - 2017

### Lady of Hope Anglo Indian High School, Vypeen

SSLC  
2015

## SKILLS

- Effective Communication
- Active Listening
- Leadership
- Documentation skill
- Observation skill
- Time management

## EXPERIENCE

### Psychiatric Social Work Intern

Trainee | SH Hospital, Paynkulam | 01/02/2024 - 29/02/2024

- Taking Case history and MSE of the patients and documenting.
- Practicing Social Case Work and Social Group Work.
- Taking class and planning activities for the patients.
- Meeting the bystanders and family members of the patients.

### Medical Social Work Intern

Trainee | St. Martha's Hospital, Bangalore | 01/09/2023 - 30/09/2023

- Practiced Social Case Work and Social Group Work.
- Communicating with the patients and their families.
- Working with multi-disciplinary team.

### Social Work Intern

Trainee | Ernakulam Social Service Society | (2023) 25Days (216hrs)

- Practiced Social Case Work and Social Group Work.
- Managed office works.
- Attended federation meetings
- Worked under different projects (Save A Family, Hope and Help Mission)

### Social Work Intern

Voluntary Executive | District Kudumbashree Mission, Ernakulam |  
November 2018 - February 2019

- Practiced Social Case Work and Social Group Work.
- Managed office works.
- Attended federation meetings
- Worked under different projects (Save A Family, Hope and Help Mission)

## LANGUAGE

---

English  
Malayalam  
Hindi

## TRAININGS / COURSES

---

**Training for Volunteer in Palliative Care**  
June 20, 2021

**Psychology for Older Age/ Gerontology**  
March 31, 2021

**Counselling Children and Adolescents**  
March 12, 2021

**Child Psychology (Advanced level)**  
February 22, 2021

**Introduction to Child Psychology**  
February 19, 2021

## RESEARCH/ DISSERTATION

---

**“Stress, depression faced and support received by women being the first time mother”**

Paper presented on the topic *stress and coping methods adopted by women being the first time mother* in ZOHAR T20 - National Conference and Social Work Students meet on **Women, Children and Sustainable Development Goals** held at Don Bosco College, Sulthan Bathery, Wayanad, Kerala.

## EVENTS ORGANIZED

---

### ASWAS' 24

Albertian Knowledge Summit ASWAS'24 National Conference  
Themed: “Geriatric Social Work: Family Migration Dynamics, Healthy Aging and Palliative Care” and Social Work Student’s Meet, on 24th January 2024

### DYUTI 2020

“National Conference on Migration and Social Inclusion: Perspectives for Human Rights and Social Work Practice”  
January 09 & 10, 2020