



## **AMAL SASIDHARAN**

### **Contact Address:**

Erulankal (H)  
Mukkudam P.O.,  
Inchappathal,  
Idukki (Dist.), Kerala  
Pin.- 685562

### **Mobile No.:**

+91 8606871389

### **Email:**

amales93@gmail.com

### **Hobbies**

- Traveling
- Writing

### **Skills**

- Ability to do multi-task
- Strong creative mind-set
- Team Player
- Positive and forward-looking attitude
- Good Communication and interpersonal skill
- Confidentiality

### **Languages**

- Malayalam
- English
- Hindi

## **OBJECTIVE**

Seeking a position to utilize my skills and abilities in a firm that offers security and professional growth while being resourceful, innovative and flexible.

## **EDUCATIONAL QUALIFICATION**

- **MSW (Medical and Psychiatry)- 2020 to 2022**  
Mar Sleeva College of Arts and Science, Murikkassery, Rajamudy
- **B.Ed (Malayalam) -2013 to 2014**  
SNDP Yogam Training College, Adimaly
- **BA (Malayalam) -2010 to 2013**  
Pavanatma College, Murikkassery
- **Plus Two (Humanities) -2008 to 2010**  
SNDPVHSS Adimaly,
- **SSLC – 2008**  
GVHSS Deviyar Colony

## **WORK EXPERIENCE**

- **Medical Social Worker**  
Amrita Hospital, Edappally, Cochin, Ernakulam- (04.04.2023 to Present)
- **Administrator cum Social Worker**  
Harsha Hospital, Parathode, Idukki- (01.02.2022 to 31.03.2023)
- **TGT Malayalam**  
Jawahar Navodaya Vidyalaya, Gangarkot, Nainital- (15-11-2017 to 30-04-2020)
- **Production Planning and Controlling Officer**  
Eastern Condiments Pvt.Ltd., Adimaly- (01-01-2015 to 15-07-2017)

## **INTERNSHIP AND FIELD EXPERIENCE**

- **Dr.Moopen's Medical College, Meppadi, Wayanad-** (01-09-2022 to 30-09-2022)
- **Welfare Association Trust, Aluva Ernakulam-** (15-12-2021 to 17-01-2022)
- **District Mental Health Programme, Idukki-** (19-05-2021 to 28-07-2021)

### **Additional Knowledge**

- Micro Soft office (Word, Excel, Power Point)
- Oracle Data Entry
- Proficient computer user in handling day to day operational task

- **Adimaly Grama Panchayat Office, Adimaly-**  
(05-02-2021 to 17-04-2021)

### **REFERENCE**

- Fr. Jossy Thomas (Asst. professor Depatement of Social Work, Mar Sleeva College of Arts and Science, Murikkassery, Rajamudy, Idukki)  
+91 9947340325
- Dr.Harsha MBBS (Harsha Hospital, Parathode, Idukki)  
+91 9562018364
- Mr.Alby Eldhose Zachariayh (Social Worker, Welfare Association Trust, Aluva, Ernakulam)  
+91 790764956

### **DECLARATION**

I do hereby declare that the above written particulars are true to the best of my knowledge and belief.



Date:

Place: Inchappathal

Amal Sasidharan