FROM, AMAR JYOTHI MATHEW NELLAMKUZHIYIL HOUSE ELLUMPURAM POST MUTTOM (Vil), THODUPUZHA, IDUKKI (Dis),KERALA ,INDIA PH NO : +91 8113058331

SUB: APPLICATION FOR THE POST OF STAFF NURSE

RESPECTED SIR/MAM,

I WOULD LIKE TO INTRODUCE MYSELF AS A BSC NURSE WHO GRADUATED FROM NIRMALA SCHOOL OF NURSING & WORKED AT BLK HOSPITAL DELHI INDIA.

I HAVE ENCLOSED MY CURRICULUM VITAE ALONGSIDE, WHICH CLEARLY SHOWS THAT I HAVE THE REQUISITE QUALIFICATION AND EXPERIENCE AS STAFF NURSE AND TEAM LEADER.

I BELIEVE THAT I CAN GIVE MY BEST IN AN ENVIRONMENT, WHICH IS STIMULATING AND CHALLENGING AND THUS WORK TOWARDS THE BETTERMENT OF THE HEALTHCARE SYSTEM FOR WHICH I WOULD BE WORKING.

THANKING YOU AND EXPECTING AN EARLY FAVOURABLE REPLY.

YOURS SINCERELY

PLACE: THODUPUZHA

AMAR JYOTHI MATHEW



AMAR JYOTHI MATHEW

PROFILE

Likes learning from others, as well as teaching. Thrives on change and works as a change agent. Evaluating the patient's conditions, administering treatment, and providing constant support during recovery.

Ability to work in a stressful and emotional environment

confident self-starter with strong critical thinking. Always vigilant, responsive, efficient and organized.

Well on an interprofessional team.

Passionate about the job and compassionate and empathetic with patients and families

CONTACT

PHONE: +91 8113058331

ADDRESS

Nellamkuzhiyil House

Ellumpuram Post, Muttom (Vil), Thodupuzha, Idukki (Dis)

Kerala, India, PIN-685587

EMAIL: amarjyothim@gmail.com

<u>SKILLS</u>

- Strong clinical, assessment, communication and observational skills
- Good understanding of health information structures and technology.
- Demonstrates brilliant communication skills.

Registration – Kerala nurses and midwives Council No; KL140065977 Professional Membership- Life member of Indian Nurses Association

Gender-Female Age -27 years Marital Status-Not Married

EDUCATION

B.Sc. Nursing

Nirmala College of Nursing, Muvattupuzha, Ernakulam, Kerala, India 2014-2019 Graduated with 76%

Higher Secondary Examination

2012 - 2014 Passed with 80%

Secondary School Certificate

2012 Passed with 78%

WORK EXPERIENCE

Registered Staff Nurse, Medical Surgical ward, BLK Hospital, Delhi, India ,01-04-2019 to 14-05- 2021

Responsibilities

- Responsible for continuous monitoring and assessment of patients assigned. Providing necessary nursing care as per the plan.
- Maintained and recorded accurate and detailed flow sheets of patient's condition.
- Consulted and coordinated with health care team members to assess, plan, implement and evaluate patient care plans in a dynamic critical care environment.

PROCEDURES HANDLED

- IV Cannulation
- NGT & Foley Catheter Insertion
- Blood Transfusion
- CPR & Defibrillation
- Suctioning and Nebulization
- Endo Tracheal Intubation / Extubation
- ET and Tracheostomy Care
- Chest Physiotherapy
- ECG Monitoring
- Removal of Central Line and Arterial Line
- Surgical Dressing
- Arterial Blood Collection
- Tube Feeding
- Assisted in Lumbar Puncture
- Assisted in Central Venous Catheter & Arterial Line Insertion
- Percutaneous Tracheostomy
- Pickline care and sampling

EQUIPMENTS HANDLED

- •Bi pap
- Intravenous Infusion Pump
- Syringe Driver / Syringe Pump
- Sphygmomanometer
- •Oxygen cylinder
- Nebulizer Machine
- Centralized Suction
- Cardiac Monitor
- ECG Machine
- Suction Apparatus
- Defibrillator
- Pulse Oxy Meter
- CO2 Monitoring Devices

TYPE OF PATIENTS HANDLED

- Trauma
- Post-operative Intensive Care
- Heart Failure
- Respiratory (Lung) Failure
- Sepsis
- Traumatic Brain Injury
- Shock
- Stroke
- Cardiovascular and Thoracic Surgeries
- Orthopedic Surgeries
- Renal Failure
- BMT Patient
- Medical & Radiation Onco patient
- Chemotherapy patient
- Pre & Post-surgical Onco patient
- Burns

ADDITIONAL PERSONAL SKILLS

- Excellent interpersonal relationship
- Good Communication Skills
- Attitude and confidence in administration of task
- Teamwork
- · Critical thinking and creative problem solving
- Professionalism
- Empathy
- Conflict resolution
- Adaptability
- Initiative and strong work ethic

LANGUAGE PROFICIENCY

• English / Malayalam / Hindi

PERSONAL DETAILS:

Nellamkuzhiyil House Ellumpuram Post, Muttom(Vil) Thodupuzha, Idukki (Dis) Kerala PIN-685587

- Passport No: S8971267
- Date of Issue: 01/11/2018
- Date of Expiry:31/10/2028
- Nationality: Indian
- Religion: Christian
- DOB: 20/03/1997

REFERENCES

Ms Sheeba Jose Assistant nursing superintendent Sheeba.jose@blkhospital.com

DECLARATION

I hereby declare that the above details given by me are true to the best of my knowledge and belief and can be supported by relevant Certificates and Documents.

Thanks, & Regards,

Amar Jyothi Mathew