

# SREELAKSHMI PRASANTH

## MBBS, MS (OPHTHALMOLOGY)

18/166 Pulikkal Parambil

Palluruthy, Kochi 682006

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## PROFESSIONAL SUMMARY

Young Doctor proficient in in-patient care, diagnosis and providing quality medical services. Possesses outstanding organizational and communication skills.

## SKILLS

- Patient care and empathy
- Excellent communication
- Supervision and Leadership
- Flexibility and adaptability
- Networking
- Teaching
- Public speaking

## EDUCATION

### Sree Gokulam Medical college and Research Foundation

Trivandrum, India

#### **Master of Surgery, MS:** Ophthalmology

- Awarded Best Teachers of Tomorrow – Second Position Drishti 2022, Kerala Society of Ophthalmic Surgeons
- Life member of All India Ophthalmology Society
- Life member of Kerala Society of Ophthalmic Surgeons
- Member of Trivandrum Ophthalmic Club
- Member of Asia-Pacific Academy of Ophthalmology

### Mahatma Gandhi Institute of Medical Science

Sevagram, India 07/2012 - 02/2017

#### **MBBS:** Medicine

- Completed professional development in medicine and allied subjects
- Continuing education in Ophthalmology
- Member of White Coat Army, MGIMS Sevagram
- Member of MGIMS Alumni
- During the course, developed keen interest in servicing the rural community

## WORK HISTORY

### Ahalya Eye Hospital, Changanassery

#### Consultant Ophthalmologist

(10/03/2024- Current)

- OPD services
- Pre OP and post operative management of Cataract Patients.
- Management of Ocular emergencies

### Sree Gokulam Medical college and Research Foundation – Junior Resident in Ophthalmology

Venjaramoodu, India (07/2020 – 12/2023)

- Evaluated patient histories, complaints, and current symptoms.
- Wrote admissions notes, care plans and chart notes for each new patient.
- Monitored pre-operative, post-operative recovery and educated patients on at-home recovery.
- Engaged with other professionals to impart knowledge and discuss best treatment courses.
- Instructed and advised patients regarding preventive health care measures to promote early detection, diagnosis and management of medical conditions.
- Learned to evaluate and manage patients in stressful environments.
- Attended patient and teaching rounds ready to contribute and advance knowledge.
- Participated in continuing education and professional development to enhance expertise and skills.
- Treated acute and chronic conditions to reduce symptoms and improve eye health.
- Monitored patients' conditions and progress to reevaluate treatment.
- Educated patients and families on health conditions to raise awareness.
- Performed procedures such as Refraction, Applanation and Schiottz tonometry, Slit lamp evaluation, Direct and Indirect ophthalmoscopy, Gonioscopy, A-scan, B-scan, OCT, Fundus Photography, Dry Eye Evaluation.
- Well versed with Squint, Neuro-ophthalmology and Glaucoma workup
- Emergency management of lid repair and ocular trauma.
- Had organized examinations for Undergraduate students.
- Had taken classes for Undergraduates
- Conducted and attended multiple ophthalmology camps.
- Have actively participated in state and national conferences.
- Organized multiple arrangements in the department

### General Hospital, Ernakulam - House Surgeon

Ernakulam, India \* 06/2017-04/2018

- Communicated one-on-one with patients during consultative appointments to explain treatment plan and educate on upcoming procedures.

- Life Member of Indian Medical Association

### **Model Technical Higher Secondary School** Kaloor 2009- 2011

**Higher secondary education:** Science, Mathematics, Computer Science

### **CCPLMAIHSS**

Perumanoor (SSLC Batch 2009)

#### **Secondary School:**

- Member of Science, Mathematics, Literature, Environment clubs
- Awarded Best Outgoing Student 2009
- Represented and won many prizes for the school in various district and state level competitions

### **MEDICAL LICENSURE**

- TCMC – Travancore Cochin Medical Council (Reg.no: 77610)

### **HONORS AND AWARDS**

- Best Teachers of Tomorrow (individual) – Second Position Drishti 2022
- Best Outgoing Student 2009

### **PROFESSIONAL MEMBERSHIP**

- All India Ophthalmology Society
- Kerala Society of Ophthalmic Surgeons
- Trivandrum Ophthalmic Club
- Indian Medical Association
- Asia-Pacific Academy of Ophthalmology

### **CERTIFICATION**

- AHA certified BLS provider
- Completed Basic Course in Biomedical Research – BCBR certification by ICMR-National Institute of Epidemiology

### **COMMUNITY SERVICES**

- Worked with Mythri Pune (NGO) – Dhadak Mohim (Tribal service camp) at Melghat, Madhya Pradesh (2015)
- Tribal service camp organized by Prime Minister of India at Chattisgarh (2016 -2017)

### **EXTRA CURRICULAR ACTIVITIES**

- Singing

- Collaborated with other medical professionals to check patient wishes and care.
- Administered pain relief medication.
- Educated patients on recovery methods and times.
- Analyzed patients' medical histories, medication allergies, physical conditions and examination results to determine best procedure.
- Designed treatment plans for patients.
- Thoroughly assessed patients to identify medical condition and level of surgical risk.
- Updated charts and patient information to show findings, treatments and medications.
- Reviewed test results and identified abnormal findings.
- Gathered medical history and addressed patient questions and concerns regarding health and treatment.
- Counseled patients on preventive healthcare, discussing proper nutrition, hygiene and exercise.
- Recommended and designed plans for treatment.
- Ordered tests for nurses and other medical personnel to perform.
- As a member of resuscitation team, did multiple resuscitations during course of time
- Was in the medical team for flood relief and management and visited many floods affected areas with medical help.
- Organized multiple camps and community awareness program in schools and health centers.
- Conducted minor surgical procedures and assisted in all major surgeries

### **RESEARCH ACTIVITIES**

#### **PAPER PUBLICATION**

- Sreelakshmi Prasanth, Sarath Kumar Harikumaranpillai, Manoj Parameswaran, Mahadevan Krishnnaiyer. Is the vision really impaired? A case report of word blindness. Kerala Journal of Ophthalmology 2023, 35:3.
- Sreelakshmi Prasanth, Remya Raghavan, Mahadevan Krishnnaiyer. An OCT based study on changes in Choroidal Parameters in patients with type II Diabetes Mellitus. Asian Journal of Ophthalmology. (**Submitted**)

#### **PAPER/POSTER PRESENTATION**

- Changes in Choroidal Parameters in patients with type II Diabetes Mellitus [**Paper Presentation at Drishti 2022 KSOS**]
- The roundabout journey of Pituitary macroadenoma: Letting the nasal world of vision to suffer this time! [**Poster Presentation at Drishti 2022 KSOS**]

### **REFERENCE**

- **Dr. Mahadevan Krishnnaiyer**  
*Professor and HOD*  
Department of Ophthalmology  
Sree Gokulam Medical college and Research Foundation  
Venjaramoodu, Trivandrum
- **Dr. Ruchi Kothari**  
*Professor*  
Department of Physiology  
MGIMS, Sevagram, Maharashtra
- **Dr. Haneesh Meerasa**  
*Consultant ENT*  
Department of Otolaryngology  
District Hospital, Aluva

- Dancing
- Anchoring
- Organizing events
- Teaching