

CURRICULUM VITAE



ANEESHA ELIAS

BSc REGISTERED NURSE

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Date of Birth : 22/11/1992
Gender : Female
Nationality : Indian
Religion : Christian
Marital Status : Single
Father's Name : V G Elias
Communication & Address : **Senior Staff Nurse**
Cath Lab
Max Super Specialty
Hospital : Saket, New Delhi
Permanent Address : Velikkakath House
Kumbalanghi South P O
Kochi
Kerala
Pin-682007

Passport Details

Passport No : M9493682
Date of Issue : 24/06/2015
Date of Expiry : 23/06/2025
Place of Issue : Kochin

CAREER OBJECTIVE:

Experienced **BSc SENIOR STAFF NURSE** seeking challenging position in a reputed professional Hospital, where I can contribute my skills and capabilities with noble nursing care, for the benefit of the organization and better self – career achievements.

KEYSKILLS:

- Assisting in all the Cath lab procedures (CAG, PTCA, ICD, PPI, CRTD, EPS, RFA, ASD, VSD, TAVI, CARDIAC CATHETERIZATION, 3D MAPPING etc.)
- Assisting in all the cardiac emergency procedures.
- Admission/Discharge procedure and orientation to unit.
- Assist the doctor for resuscitation procedure and carryout the procedure in case of emergency.
- Check emergency medicine & equipment.
- Assist the clinical staff in tasks including Blood tests, dressing wounds, bathing, Clothing and feeding of patients.
- Performing IV insertion, giving medication Through IV push, skin testing as per doctors' instruction.
- Performing clinical skills in accordance with Hospital policies and standards of practice.
- Interaction with applicable departments concerning patient care.
- Monitoring patient's status, notifying Physicians of clinical changes.

PROFESSIONAL EXPERIENCE:

- Cath Lab
- Registered Nursing Cath Lab**
MAX SUPER SPECIALITY HOSPITAL, SAKET,
NEW DELHI
(700+Beds capacity) JCI AND NABH
Accreditation.
Since September 2016 till April 7 2022.

Speak/ Read/ Write		QUALIFICATIONS:
ENGLISH	Excellent	❖ BSc Nursing.
HINDI	Excellent	❖ RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE.
MALAYALAM	Excellent – Mother Tongue	❖ PLUS, TWO – Science KERALA BOARD OF HIGHER SECONDARY EXAMINATION. MARCH – 2010
		❖ S.S.L.C KERALA STATE EDUCATIONAL BOARD EXAMINATION. MARCH - 2008

<u>PROFESSIONAL REGISTRATIONS:</u>	<ul style="list-style-type: none"> ❖ Delhi Nursing Council and Midwifery with registration number 69856 valid till 7 December 2026 ❖ KERALA REGISTRATION
<u>ACADEMIC TRAINING ON NURSING:</u>	<ul style="list-style-type: none"> ❖ Fundamentals Of Nursing. ❖ Nursing Research & Statistics. ❖ Community Health Nursing. ❖ Midwifery & Obstetrical Nursing. ❖ Child Health Nursing. ❖ Medical Surgical Nursing. ❖ Mental Health Nursing. ❖ Pharmacology, Pathology & Genetics.
<u>COMPUTER PROFICIENCY:</u>	<ul style="list-style-type: none"> ❖ Basic knowledge on Nursing Job related. (CPRS, BCMAHIS). ❖ Internet. ❖ Email etc.
<u>DUTIES AND RESPONSIBILITIES:</u>	<ul style="list-style-type: none"> ❖ Assisting in all the Cath lab procedures. ❖ Managing all the cardiac emergencies in the hospital premises. ❖ Continuously evaluate both new and existing patients to determine priority of treatment, care and other needs like mental support administer prescribed medications, apply sterile dressing and monitor vital signs. ❖ Prepare examination and instruments and assist physicians during examination and treatment. ❖ Maintain confidently of patient's records. ❖ Control use of narcotics in accordance with hospital and procedure. ❖ Shall oversee and guide the work of other nursing and support staff as per need.

	<ul style="list-style-type: none"> ❖ Carefully observe and document patient information and clinical condition and report to other incoming nurses, head nurse and physician. ❖ Maintain accurate and complete records of nursing observation and care. ❖ Take over daily inventory of medical equipment's and other needed supplies and handover to the next incoming nurses. ❖ Collection of blood sample for ABG. ❖ Oxygen administration. ❖ Assisting procedure like lumbar puncture, Chest tube insertion, Pleural tapping, ascetic fluid tapping etc. ❖ Oral and ETT suctioning. ❖ Administration of drugs such as anti-coagulants, high alert medications antibiotics, analgesics, anti-anginas etc. ❖ Experience in bowel and bladder irrigations, blood sample collections. ❖ Actively participate in patients and family teaching, appropriately document the activity and respond to instruction. ❖ Take over daily inventory of medical equipment's and other need supplies and handover to the next incoming nurse. ❖ Supervision of the student nurses and co-workers.
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<p>SPECIAL EXPERIENCE IN CATH LAB:</p>	<ul style="list-style-type: none"> ❖ Assisting in all the Cath lab procedures. ❖ Assisting in all the cardiac related emergencies. ❖ Providing care to one or a group of patients. ❖ Managing cases like CAD, ACS, LBBB, RBBB, HEARTFAILURE, CONDUCTION ABNORMALITIES, ASD, VSD, CABG, CARDIOMEGALY, HYPERTENSION, DIABETES MELLITUS, HYPERCHOLESTROLEMIA Etc.
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<p>BASIC NURSING PROCEDURE PERFORMED:</p>	<ul style="list-style-type: none"> ❖ Transfer of patients to various hospitals. ❖ Administration of medication including, blood. ❖ Collection including ABG. ❖ Insertion of peripheral lines, Ryle's tube, Foley's catheter. ❖ Administration of blood & products. ❖ Administration of Total Parental Nutrition. ❖ Monitoring of Blood Glucose Level. ❖ Control Infection. ❖ Application for traction. ❖ Preparing the patients for investing ations like MRI, CT scan and Xray.
<p>EQUIPMENTS AND OPERATIONAL SKILLS:</p>	<ul style="list-style-type: none"> ❖ Defibrillator ❖ Syringe pumps ❖ Infusion pumps ❖ Pulse oximeter ❖ Infant warmer ❖ ECG machine ❖ Glucometer ❖ C-PAP machine ❖ Central & portable O2 cylinder & suction apparatus. ❖ Ventilators ❖ Monitors ❖ Non-invasive ventilator ❖ Nebulizer ❖ Thermometer ❖ Stethoscope

<p>PERSONAL STRENGTH:</p>	<ul style="list-style-type: none"> ❖ Excellent communication and leadership skills. ❖ Assisting in all the Cathlab procedures with physicians. ❖ Team leader and excellent interpersonal skills. ❖ Cooperative and co coordinative. ❖ Self-confident and motivational.
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	<ul style="list-style-type: none"> ❖ Consoling Patients and prepare them for treatment. ❖ Handling medical records of patients in confidential manner. ❖ Assisting Doctors on their Routine rounds. ❖ Orientation to Junior Nursing Staff. ❖ A will to learn, develop and excel. ❖ Punctual and Time Management. ❖ A can-do work attitude
<p><u>REFERENCES:</u></p>	<p>DR. VIVEKAKUMAR (Principal Director of Cath Labs Pan Max Max Hospital Saket New Delhi) Nurse Manager, Nurse Supervisor. MAX Super Specialty Hospital Saket–New Delhi. Tel:8700049318.</p>
<p>DECLARATION:</p> <p>PLACE:</p>	<p>Hereby affirm that the above furnished information is true and correct to the best of my knowledge and belief.</p> <p style="text-align: right;">ANEESHA ELIAS</p>