



aswathylitto@gmail.com



(994) 756-6512



Kollam, India 691506

EDUCATION

GNM: Diploma In General Nursing and Midwifery.
School of Nursing NSS Medical Mission Hospital,
Pandalam, Kerala, April 2012

LANGUAGES

English:

Upper intermediate (B2)

Malayalam:

Master or proficient (C2)

Hindi:

Upper intermediate (B2)

ASWATHY MOHAN

PROFESSIONAL SUMMARY

Patient-oriented Nurse with 11 years of diverse experience in direct patient care, staff supervision and department operations. Skilled at multitasking and prioritizing patient needs and daily assignments.

WORK HISTORY

July 2022 - Current

KD HOSPITAL - Assistant Charge Nurse, Ahmedabad , India

- Explained course of care and medication side effects to patients and caregivers in easy-to-understand terms.
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities.
- Reported findings to quality departments after conducting routine restraint audits and worked with team to devise corrective actions for deficiencies.
- Led teams in driving successful patient outcomes by prioritizing standard of care and best practices.

May 2018 - July 2022

KD HOSPITAL - Staff Nurse, Ahmedabad , India

- Monitored patients' conditions and reported changes in physical presentation, appearance, and behavior to discuss treatment with physicians.
- Precepted student nurses and oriented new hires, providing guidance and mentorship when teaching on hospital policies, emergency procedures, and nursing best practices.
- Directed patient care by initiating and following through with plan of care, continuing care, and discharge instructions.

March 2017 - December 2017

Bharath Hospital - Registered Nurse, Kottayam , India

August 2013 - January 2016

St Joseph's Hospital - Registered Nurse, Kottayam , India

July 2012 - March 2013

NSS Medical Mission Hospital Pandalam - Trainee Junior Staff Nurse, Pandalam, India

SKILLS

- Oxygen saturation standards
- Tracheostomy Care
- Trauma recovery
- Medication Administration
- Preventive health
- Patient consultation
- Collecting vitals

CERTIFICATIONS

- BLS
 - ALCs
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EQUIPMENTS USED

- Pulse oxymeter
 - Oxygen mask
 - BP apparatus
 - ECG Machine
 - Glucometer
 - Nebulizer
 - Suction apparatus
 - Infusion Pump
 - Phototherapy machine
 - Ventilator
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PERSONAL DETAILS

- Spouse : Litto Thankachan
 - DOB : 16/02/1991
 - Sex : Female
 - Marital status : Married
 - Place of Birth : Kottarakkara
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REFERENCE

- Nursing Superintendent, KD hospital Ahmedabad, Email : hr@kdhospital.co.in