# **CURRICULUM VITAE**

# **ADDRESS**

Mariya Jose. M

Muttikkal house

Elenthikara p.o

Puthenvelikara Via

Ernakulam district

Pin:683594

Mob: +91 9048917392

E-mail: mariyajosem.99@gmail.com



Name	Mariya Jose M
Date of Birth	22/04/1999
Qualification	B.Sc Nursing
Total Years of Experience	2 years and 4 months
Departments worked with	Surgical Intensive Care Unit
Nurse patient ratio with the current/last employer	534 bed
Number of beds in the current/last employer	1:1 (Ventilator) 1:2 (Non-Ventilator)
Condition of the patient they are looking after	Pre-operative patients and post-operative patients.
Relevant experience in Elderly cases	Patients with Fractures, Laparoscopic, Cholecystectomy, Open Mesh Repair, TURP, Urethroplasty, Total Knee Replacement etc.
Biggest achievement in my career to date	The feedback from patients that I gave them good treatment and care
Availability & notice Period	Available immediately

# **EDUCATIONAL QUALIFICATION**

**BSC Nursing** 

College Of Nursing St. Martha's Hospital Bangalore, Karnataka, India

Year of completion - 2020

#### PROFESSIONAL REGISTRATION

Registered with Karnataka State Nursing Council on 03/02/2021

## **PROFESSIONAL EXPERIENCE**

Staff Nurse in Surgical Intensive Care unit

St. Martha's Hospital, Karnataka, India

## **RESPONSIBILITIES:**

Planning and implementing nursing care.

Collection of specimen for investigation.

Care of surgical patients.

Recording and reporting of patient's data.

Administration of drugs.

Urinary catheterization, IV cannulation and blood transfusion.

Pre and post- operative care, Prevention and management of DVT, wound care and dressing.

Meeting the hygienic needs of patients, intake and output monitoring.

Monitoring CVP, drawing blood for ABG, health education.

Consult the supervisors for guidance and concerning ICU problem co-ordination of workers activities.

Attending the CNE program to update the knowledge and skill in Nursing care.

## **ACHIEVEMENT IN THE ROLE**

Utilization of my inherent strength, talents, creative capability for the welfare of the patients.

Increased self-motivation for a patient with postoperative trauma.

# **PERIOD OF GAP**

01/12/2020 - 04/05/2021 - waiting for the registration and job search 01/09/2023 to till the date

**PERIOD OF EMPLOYMENT** – Working as a full time registered nurse at St. Martha's Hospital from 04/05/2021 to 31/08/2023.

Surgical Intensive Care Unit, St. Martha's Hospital, Bangalore, Karnataka, India.

## **OTHER EXPERIENCES** – Nil

## **INTEREST AND ACHIEVEMENTS**

Strong interest in Dancing, Literature and Foreign Languages.

Fluent in English, Malayalam. Kannada

# **PERSONAL DETAILS**

Name : Mariya Jose . M

DOB : 22/04/1999

Gender : Female

Nationality : Indian

Status : Single

# **REFERENCE**

Sr. Ancy Anto

**Nursing Superintendent** 

St.Martha's Hospital

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