



ARSHA KURIAN

PHYSIOTHERAPIST

CONTACT

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OBJECTIVE

A dedicated physiotherapist with a strong desire to improve mobility and strength, to relieve pain and restore physical functions of the patient. Demonstrated ability to effectively communicate with patients and develop personalized treatment plan to address their specific needs. Proficient in critical thinking to assess and diagnose the conditions and provide evidence based interventions for optimal. Experienced in patient handling and ensuring their safety throughout the therapeutic process.

LANGUAGE

- ✓ English ★★★★★
- ✓ Malayalam ★★★★★
- ✓ Kannada ★★★★★
- ✓ Tamil ★★★★★

SKILLS

- Good communication skills ★★★★★
- Hard Working ★★★★★
- Empathetic ★★★★★
- Time Management ★★★★★
- Critical thinking ★★★★★

WORK EXPERIENCE

📍 Internship

July-2023 - Jan-2024

Fortis Hospital, Bannerghatta Road Bangalore
Completed six months of internship in the following department;
*Physiotherapy Department, Prosthetics and Orthotics.
*Orthopedics preoperative and postoperative.
*Cardiovascular and thoracic surgery.
*General Medical & Oncology Unit.
*Pediatrics Department.
*Neurology and Neuro surgery Department.
*PT in Gynecology.

📍 Clinical Postings

•Saandhiya Residential School and training center for the mentally challenged, Shaktinagar Mangalore.
•City Hospital, Kadri Mangalore.

EDUCATION

📍 High School

- March 2015

St.Mary's Girls Highschool, Athirampuzha Kottayam

📍 Higher Secondary

- March 2018

Mangalam English Medium Residential High School, Ettumanoor Kottayam

📍 Bachelor Of Physiotherapy

2018 - 2023

City College Of Physiotherapy, Mangalore Rajiv Gandhi University Of Health Sciences (RGUHS)

ACHIEVEMENTS

- ✓ IAPCON Bangalore 2019 57th annual conference Indian Association of Physiotherapists Bangalore
- ✓ Confluence 2019 National Physiotherapy Conference AJ group of institutions Mangalore
- ✓ MANGLORE PHYSIOCON 2022 International Physiotherapy Conference South Canara Physiotherapy Teachers Association TMA pia international conventional center Mangalore
- ✓ Workshop on 'Fitness test on cricket players' 2022 Vikaas College of Physiotherapy Mangalore

REFERENCE

📍 Dr. Amar Prakash - Principal of City College of Physiotherapy
8971455313

📍 Jitha Joseph - Fortis Hospital Bannerghatta Road Bangalore - HOD, Department of Physiotherapy
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