



ATHIRA C B

STAFF NURSE

Address :
 Cheppanirappil house, nattakkal (po)
 Vellarikundu (via) kasargod

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 9741854713

Summary

Highly skilled Nurse with a strong foundation in providing comprehensive patient care. Demonstrated proficiency in assessing the needs of patients, developing individualized care plans, and implementing evidence-based interventions. Committed to promoting positive patient outcomes through diligent monitoring, accurate documentation, and effective communication with interdisciplinary healthcare teams. Experienced in coordinating and executing complex medical procedures, while maintaining a compassionate and empathetic approach towards patients and their families. Seeking to leverage my skills and experience to contribute to a dynamic healthcare organization focused on delivering exceptional quality care.

Education

October, 2018 -
 Continue,

GENERAL NURSING AND MIDWIFERY

ESR School of Nursing / ESR School of Nursing ,Uduppi(d) karnataka

Summary:

Dedicated and compassionate Registered Nurse with a strong foundation in General Nursing and Midwifery. Highly skilled in providing comprehensive care to patients throughout all stages of life, from prenatal to postpartum. Proficient in conducting assessments, managing emergencies, and delivering evidence-based treatments. Demonstrated ability to effectively communicate with patients, families, and multidisciplinary healthcare teams. Committed to continuous professional development and staying up-to-date with the latest advancements in nursing

Education

- Completed a rigorous three-year program covering various aspects of general nursing and midwifery
- Developed a solid understanding of anatomy, physiology, and pharmacology
- Received hands-on experience in providing

Skills

Problem Solving



Strategic Thinking



Performance Optimization



Risk Management



Critical Thinking



Adaptability



Team leadership's



Languages

English Fluent

kannada Fluent

Thamil Fluent

malayalam Expert

- direct patient care and assisting in deliveries
- Successfully completed clinical rotations in various healthcare settings, including hospitals, clinics, and community health centers
- Attended professional development workshops and seminars to enhance skills in nursing practice

Skills:

- Patient assessment and monitoring
- Emergency management
- Medication administration
- Infection control
- IV therapy
- Wound care
- Postpartum care
- Breastfeeding support
- Prenatal counseling
- Patient education
- Multidisciplinary collaboration

August, 2016 -
Continue,

HIGHER SECONDARY

**GHSS Maloth kasaba / GHSS Maloth kasaba ,
kasargod**

June, 2015 - Continue,

SSLC

**GHSS Maloth kasaba / GHSS Maloth kadaba ,
kasargod**



Work Experience

January, 2023 -
February, 2024

STAFF NURSE

**Medical Surgical Ward / Arama Hospital
Aswini nagar kasargod**

Working at Arama Hospital and Heart Centre
since 1 year