## SAHNA ABDUL RASHEED

INDIA | +91 9061682193 | rasheedshahana72@gmail.com

## PROFESSIONAL SUMMARY

A staff nurse with sixteen years of experience in various hospital departments and has extensive knowledge in handling different medical cases and equipments.

#### **EXPERIENCE**

# **STAFF NURSE, SHIFA AL JAZEERA MEDICAL CENTER** April 1, 2010 - December 11, 2023 *FARWANIYA, KUWAIT*

- Admission and discharge of parties
- Administer medication (Via I,IM,S/C,ID)
- Monitor and record vital signs
- Assist in minor producers, such lumber tapping, bone marrow aspiration & biopsy, L.P
- Insertion of Nasogastric tube, IV Cannula, Urinary Catheter
- Oxygen administration, suction, stomach wash and nebulization
- RT feeding, Oral feeding and monitoring IO chart.
- Blood Transfusion
- Management of supportive care
- Wound assessment, prevention of infection and dressing
- Patient education
- Care of IV lines
- Responsible for procuring or ordering drugs
- Care of Price line catheter
- Microbiology, Hematology, Pathology specimen collections
- Participate in teaching programmers for qualified and un qualified staff of ICU
- Participate in the sharing of knowledge with other qualified staff

#### STAFF NURSE, MIMS

April 16, 2007 - September 15, 2009

## CALICUT, KERALA

- Admission and discharge of parties
- Administer medication (Via I,IM,S/C,ID)
- Monitor and record vital signs
- Assist in minor producers, such lumber tapping, bone marrow aspiration & biopsy, L.P
- Insertion of Nasogastric tube, IV Cannula, Urinary Catheter
- Oxygen administration, suction, stomach wash and nebulization
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- Microbiology, Hematology, Pathology specimen collections
- Participate in teaching programmers for qualified and un qualified staff of ICU
- Participate in the sharing of knowledge with other qualified staff

## STAFF NURSE, ORCHID HOSPITAL

March 15, 2006 - March 15, 2007

## MALAPPURAM, KERALA

- Admission and discharge of parties
- Administer medication (Via I,IM,S/C,ID)
- Monitor and record vital signs
- Assist in minor producers, such lumber tapping, bone marrow aspiration & biopsy, L.P
- Insertion of Nasogastric tube, IV Cannula, Urinary Catheter
- Oxygen administration, suction, stomach wash and nebulization
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- Participate in the sharing of knowledge with other qualified staff

## **EDUCATION**

## Fathima Matha G.H.S.S Koompanpara – Koompanpara, INDIA – Plus Two

- 2002

## Fathima Matha G.H.S.S Koompanpara – Koompanpara, INDIA – Secondary School Leaving Certification

- 2000