

Annmaria Dominic, Physiotherapist

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Key skills

- Electro Therapy
- Exercise Therapy
- General Surgery
- Paediatrics
- Orthopaedics
- ICU management
- OT assessment
- Radiology
- Neurology
- PICU
- EICU
- Rehabilitation
- Cardiac
- Patient & Family Counselling

Education

Bachelor Of Physiotherapy from
Rajiv Gandhi University of
Health Sciences
Graduated 2022

Language

- English
- Tamil
- Malayalam
- Hindi
- Kannada

Summary

Highly skilled and compassionate Physiotherapist with 2 years of experience in restoring patients' routine activities through Electro Therapy Exercise Therapy. Not only providing care to patient but also counseling t their family. Combined with good mentoring skills to physiotherapy students.

Career history

Physiotherapist at zion hospital & research centre pvt ltd- India
March 2023 – Present

Key responsibilities

- Out-patient and In-patient Department,
- Electro Therapy, Exercise Therapy
- General Surgery, ICU, PICU, Orthopaedics
- Radiology, Nuerology and Rehabilitation

Physiotherapist at Tiny palms child and adult Therapy services
October 2022 – March 2023

Key responsibilities

- Paediatrics ot and pt assessment
- Providing a high standard of physiotherapy services to paediatric population
- Patient and family counselling.

Intern Physiotherapist at Bangalore Baptist hospital
June 2022 – July 2022

Key responsibilities

- Paediatrics ot and pt assessment
- Providing a high standard of physiotherapy services to paediatric population
- Patient and family counselling.

Intern Physiotherapist at Zion Hospital & Research Centre Pvt Ltd

May 2022 – June 2022

Key responsibilities

- Out-patient and In-patient Department,
- Electro Therapy, Exercise Therapy
- General Surgery, ICU, PICU, Orthopaedics
- Radiology, Neurology and Rehabilitation

Intern Physiotherapist at The National Institute of Mental Health and Neuro Sciences

April 2022 – May 2022

Key responsibilities

- worked in opd, EICU, MICU, SICU
- Handled opd patients under research and all kind of neuro related cases
- Experienced in cardiac physiotherapy

Project

- Effectiveness of myofascial release technique in plantar fasciitis – Review of literature, August 2022

Publications

- Effect of stretching and strengthening exercise on primary dysmenorrhea in adolescent girls- UNDERGRADUATE RESEARCH 2019 – 2021

Courses

- Basic cardiac Life support course, March 2022
- 7 day online session of antenatal fitness and pt management programme (Webinar on women's health and obstetric physiotherapy, February, 2022)