



# MELVIN MATHEW

## PHYSIOTHERAPIST

### CONTACT

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#### Address

Mudinattu house east  
marady p.o marady ,  
ernakulam,kerala 686673

### PERSONAL INFORMATION

Date of birth : 2/01/2000

Blood group : B+ve

Gender : Male

Nationality : Indian

Marita status : Single

### LANGUAGE

Malayalam



English



Kannada



### CAREER OBJECTIVE

Self-motivated, friendly physical therapist with outstanding people skills, easily adaptability and ability to work effectively with people of all levels. Ability to work closely with other professionals to assess a patients needs and devise suitable treatment plan for them. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

### EDUCATION

#### • 2018-2022

#### **Bachelor Of Physiotherapy**

NITTE INSTITUTION OF PHYSIOTHERAPY  
MANGALORE

#### • 2017-2018

#### **Kerala Board**

Bio-science

Govt higher secondary school  
pampakuda

#### • 2016-2017

#### **Kerala Board**

MAR THOMA MEMORIAL HIGHER

SECONDARY SCHOOL,PAMPAKUDA

### SKILLS

- Organization and Time management
- Skilled patient relation
- Flexible and adaptable
- Multitasking abilities
- Problem solving
- Data entry
- Planning and coordination
- Patient focused therapy
- Teamwork and collaboration Paediatric knowledge
- Professional Mannerism
- Patient assessment
- Trained in diagnostics and prognostics
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## AREA OF EXPERTISE

- Department of Physiotherapy
- Orthopaedics and Sports Medicine
- Medical Intensive Care Unit (MICU)
- Neurology and Neurosurgery ICU
- Cardiac surgical ICU
- Cardio Respiratory Therapy
- Paediatrics
- Obstetrics and Gynaecology
- Pulmonology
- Community and Home care Physiotherapy
- General medicine and General surgery
- Physical medicine and Rehabilitation

## SPECIAL INTEREST

- Pain Management
- Cardiac Rehabilitations
- Musculoskeletal physiotherapy
- Posture and Ergonomic correction
- Neurological physiotherapy
- Cognitive Behavioral Therapy
- Developmental Therapy
- Advance technology in stroke rehabilitation
- Gait training

## EXPERIENCE

ONE YEAR EXPERIENCE

CHAZHIKATTU SUPER SPECIALITY HOSPITAL  
THODUPUZHA , KERALA (NABH ACCREDITED)

## PROFESSIONAL DEVELOPMENT

DRY NEEDLING- Dry needling therapist (CDNT) from international academy for health and science IAHS EDU PRIVATE LIMITED

Nitte PHYSIO PANACEA (INTERNATIONAL PHYSIOTHERAPY CONFERENCE)  
SUNNYSIDE OF GLOBAL PHYSIOTHERAPY RESEARCH, PRACTICE AND EDUCATION

## DECLARATION

I here by declare that the above information furnished in my resume is true to the best of my knowledge.