

# Elizabeth Safiya MJ

Maliyamveetil house Kumbalanghi p.o Ernakulam, Kerala. Pin: 682007 6238022189 | elizabethsafiya2000@gmail.com

## Objective

A highly motivated and enthusiastic physiotherapist (fresher) seeking opportunities where I can utilise my skills for the success of the organization. Excellent communication skills and the ability to work closely with other professionals to assess a patients needs and contract an adequate treatment plans for them.

#### Experience

 Association of people with disabilities, Lingarajapuram, Banglore, Karnataka Internship trainee 01.07.2023 - 31.07.2023

Conduct through patient assessment and tailored treatment plans of diverse range of condition especially cerebral palsy and other pediatric development disorders.

Exposure in following units

(Occupational therapy unit, Early intervention in toddlers, Speech & language unit, Physiotherapy unit, CBR/ Mobile units, Assistive & Adaptive technology units)

Fortis Hospital, Bannarghatta, Banglore

14.08.2023 - 14.01.2024

Internship trainee

Assisting senior physiotherapist in evaluating patient condition and designing appropriate therapeutic interventions. Exposure in following units

PT in orthopedics, Cardio, Neurology & Neurosurgery, Cardiothoracic units & ICU (CSICU, MICU, Neuro ICU, PICU), Pediatric, Gynecology.

- Other experiences
  - APD, Indiranagar, Banglore (Rehabilitation of spinal cord injury)
  - · Trilife Hospital (Specialist Hospital) Banglore, India
  - Baptist Hospital, Hebbal, Banglore

#### Education

 Rajiv Gandhi University of Health and Science Bachelor of Physiotherapy 2018 - 2022

#### Skills

 Patient assessment and evaluation Manual therapy techniques Modalities and therapeutic equipments Patient education and communication.

# **Projects**

PELVIC FLOOR REHABILITATION

## Languages

· English, Malayalam, Hindi, Tamil, Kannada

#### **Declaration**

• I confirm that the above mentioned details are true to the best of my knowledge