



ASRITHA T R

OPTOMETRIST

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☎ 7907308133

📍 Thaivalappil House,
Kolathur P. o Nellore,
Thrissur, Kerala

PERSONAL DETAILS

Date of Birth : 16/04/1999

Nationality : Indian

Marital status: Married

EDUCATION

• DIPLOMA IN OPHTHALMIC ASSISTANCE

Government Medical College
Thrissur
completed in 2022 with
first class

• PROFESSIONAL DIPLOMA IN COMPUTERISED FINANCIAL ACCOUNTING

Certified by Kerala State
Rutronix
completed in 2021 with first
class

• BACHELOR OF DEGREE IN BOTANY

KKTM GOVT. COLLEGE
PULLUT
completed in 2019 with first
class

PROFILE

Talented optometrist with a strong commitment to service in the optometry field. Passion for helping others, solving vision problems and improve their quality of life with the right type of vision correction. Expertise in optometry technology tools and solutions to make accurate diagnosis and determine ideal prescription lenses for patients. Friendly and caring healthcare provider with excellent customer service skills.

WORK EXPERIENCE

Optometrist

Holy Family Medical center Ollur

February 2023-May 2023

- Measuring patients vision using optometry instrument and performing accurate Refraction and determine the need for vision correct in the form of prescription glasses.
- Measuring Refractive error using Automatic Refractometer.
- Additionally performing as well as an ophthalmic assistant.

Optometrist Trainee

Trinity Super Speciality Eye Hospital

Thrissur

October 2022- April 2023

- Well trained in Refraction skills objectively and Subjectively and prescription of corrective lenses.

CLINICAL SKILLS

- Refraction (objective and subjective)
- Prescription of corrective lenses
- Contact lens management
- Orthoptic instruments
- Calculation of IOL power (Biometry) by A-scan Ultrasonography
- Tonometry(Both contact and non contact method)
- Pachymetry
- Retinal imaging techniques-OPTICAL COHERENCE TOMOGRAPHY (OCT) FUNDUS PHOTO B SCAN
- Visual field analysis (HFA)
- Corneal Topography
- Keratometry (Auto and Manual)
- Operation Teature experience
- Pre and Post surgery care

LANGUAGE

- Malayalam
- English
- Hindi
- Tamil

- Performetric optometric instruments such as OCT,HFA,A-SCAN,B-SCAN,CORNEALTOPOGRAPHY, PACHYMETRY.
- Attended 50 above community camps.
- performed well as an ophthalmic assistant.
- patient careing and communication skills.

OPTOMETRIST TRAINEE

Dr. Rani menon's Eye clinic Thrissur

July 2022- September 2022

- Refraction skills
- optometric instruments
- community camps
- patient careing

PROFESSIONAL EXPERIENCE

- Measure patient vision using optometry instrument and determine the need for vision correction in the form of prescription glasses or contact lenses
- Discuss proper eye care health procedure when using contact lens and glasses, and demonstrate procedure for cleaning
- Entered patients case reports and evaluations in the electronic medical recording system.
- Performed eye exams on patients of all ages and detect and treat ocular infections and diseases.
- Conducted visual field testes to measure field of vision
- Attended 150 above community eye camps