

JOSHUA JOHNSON

PHYSIOTHERAPIST

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SKILLS

- Out patient therapy background
- Dry needling
- CPR Training
- Joint mobilization
- Instrument assisted soft tissue manipulation

EDUCATION

BACHELOR OF PHYSIOTHERAPY

Kerala university of health science [KUHS]

2019 - 2023

ACCOMPLISHMENTS

- PROJECTS: PREVALENCE OF BURNOUT SYNDROME AMONG TEACHERS DURING COVID PANDEMIC GUIDED BY MS DRUPATI MANI
- ATTENDED SECOND IAP COOPERATIVE CONFERENCE 2022

CERTIFICATIONS

- WORKSHOP: CPR AND AEDS SKILLS BASIC LIFE SUPPORT [BLS]
- CERTIFICATE COURSE ON JOINT MOBILIZATION
- CERTIFIED INSTRUMENT ASSISTED SOFT TISSUE MOBILIZATION [CIATM]
- CERTIFICATE COURSE IN DRYNEEDLING [CCDN]

SUMMARY

Hardworking employee with customer service, multitasking and time management abilities. Devoted to giving every client a positive and memorable experience.

WORK EXPERIENCE

Physiotherapist

St Peter's Hospital, Kottayom

09/2023 - Current

- Implemented preventative measures through health promotion activities such as ergonomics training or postural awareness instruction.
- Interpreted diagnostic test results including X-rays, MRIs or CT scans in order to identify areas requiring treatment intervention.
- Performed manual therapy techniques such as soft tissue mobilization and joint manipulation to reduce pain and restore mobility.
- Assessed patient's strength, range of motion, balance, coordination, posture and motor function.
- Utilized modalities such as ultrasound, electrical stimulation, heat and cold packs and traction to manage symptoms.
- Musculoskeletal and Neurological experience.

Manipal Hospitals, Bangalore

Sagar Hospitals, Bangalore

Indoamerican Hospital, Kottayom [Parent hospital]

AP Varkey Mission Hospital, Ernakulam

MOSC Medical College Hospital, Ernakulam

Holyghost Mission Hospital, Kottayom

ACTIVITIES AND HONORS

- Participated in shaping young minds program from the nationally acclaimed youth empowerment program of the All India Management Association.
- WHO hero who joins the fight against antibiotic resistance

REFERENCES

Prof. K.S SHARAD

Principal, BCF College of Physiotherapy

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