

# ANSHA JAMES



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📍 Nellikkunel (H) Aimcombu, kadana  
d(p.o) Kottayam

## 🚀 SKILLS

Communication skill

Active listening skill

Observation skill

Patience

## 🔧 INTERNSHIP

Internship at Max minds rehab center  
Aravanchal, Payyanur 08/10/2021 -  
30/10/2021

One month tele counselling for covid  
positive patients under Kottayam  
collectorate 08/10/2020 - 12/11/2020

One month field work at Holy cross  
hospital & mental health centre,  
Koovappally

## 📖 LANGUAGES

Malayalam

English

## 🎯 OBJECTIVE

To continue practicing as a psychiatrist, rendering my skills and time in diagnosing, handling and provide treatments to patients who have mental disorders.

## 📁 EXPERIENCE

**Psychiatric social worker** 29/11/2021 - 31/01/2024  
Mariyasadanam, Pala

Providing therapeutic treatment to patients including individual and group therapy. Maintaining individual records of patients, including accurate and up to date document of treatment plans, medical and psychiatric reports.

## 🎓 EDUCATION

**MSW ( Specialized in Medical & Psychiatry)** 2021  
MG University

B+

**BA Economics** 2019  
MG University

86

**Higher Secondary** 2016  
Kerala board of higher secondary examination

86

**SSLC** 2014  
Board of public examination government of Kerala

72

## 🏠 PROJECTS

**Effectiveness of Acceptance and commitment therapy among diabetic middle aged patients having distress in Meenachil taluk**

It was a study undertaken as part of final semester in the master of social work

## 👥 REFERENCE

**Nikhil Sebastian - Mariyasadanam pala**

Administrator

mariyasadanam@gmail.com

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**Dr.Sr.Bincy Arackal - Bvm holy cross college Cherpunkal Pala**

HOD MSW Department

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7012903590

** ADDITIONAL INFORMATION** 

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I am a member at KAPS ( Kottayam association of professional socia relief activities at Wayanad, NSS volunteer , coordinated 4 days semir administration).