

Karthika, Mankudi Mele Roadarikathu Veedu Chaikottukonam PO – 695122, Neyyattinkara,

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ABHIRAMI N A

OBJECTIVE

To obtain a position as social worker out of passion to help other; to use patience, compassion, empathy, active listening, organizational, excellent people and communication skills along with a graduation in professional social work, to help individuals lead more balanced lives.

Experience

PROJECT ASSOCIATE

- Social Development Project Division
- HLL Management Academy, Promoted by HLL Lifecare Ltd, (A Government of India Enterprise), TC 4/1607, Keston Road, Kowdiar PO Thiruvananthapuram, KERALA -695003, INDIA 04.02.2023— Present

MEDICAL SOCIAL WORK TRAINEE

- National Health Mission, Block field work practicum
- National Health Mission DPM Office Thycaud Thiruvananthapuram 16.05.2022 24.07.2022

PSYCHIATRIC SOCIAL WORK TRAINEE

- Psychiatry Department(Block field placement)
- St. John's Medical College Hospital Bengaluru, KARNATAKA 06.04.2022–11.05.2022

SOCIAL WORK TRAINEE

- Community Development Concurrent Field Engagement
- The Blue Point Organisation, Thiruvananthapuram 04.08.2021–26.10.2021

COVID 19 VOLUNTEER COM TELE COUNSELLOR

• Grama Panchayat Office, Kattakada, Thiruvananthapuram

PSYCHIATRIC SOCIAL WORK TRAINEE

- Block Field Placement
- ACCEPT IRCA, Integrated Rehabilitation Center for Addicts, Punnapra P O Alappuzha



PSYCHIATRIC SOCIAL WORK TRAINEE

- Concurrent Field Engagement
- KarunaSai De addiction and Mental Health Research Institute,
 Vellanad, Thiruvananthapuram.

SOCIAL WORK TRAINEE

- Social Audit Unit under NFSDA and MGNREGA, Community Development Concurrent Field Engagement
- Social Audit Unit Of India.

SOCIAL WORK TRAINEE

- Community Development Concurrent Field Engagement
- •ICDS Office, Panachamoodu, Vellarada.

Education

Master of Social Work (Medical and Psychiatry) [2020-2022]

- First Class (67%)
- Vigyaan College of Applied Sciences Kattakode, Kattakada Affiliated to University of Kerala Thiruvananthapuram.

Bachelor of Social Work [2017-2020]

- First Class (70%)
- White Memorial College of Arts and Science Panachamoodu, Vellarada, Affiliated to University of Kerala

Higher Secondary School(+2) [2015-2017]

- First Class (82%)
- Government Higher Secondary School Marayamuttom, Thiruvananthapuram.

SSLC (10th) [2014-2015]

- First Class (77%)
- Government Higher Secondary School Marayamuttom, Thiruvananthapuram.



Key Skills

- Communication skill and rapport building skill
 Active listening,
- counselling and epithetical involvement skill
 Critical thinking,
- Leadership
 problem solving and teaching skills
- Programme coordination and organization skill
 MS Office

Interests

- Psychiatric social work Counselling Social development Projects
- •Pain and Palliative Care •Medical social work •De addiction treatment and rehabilitation •Child and women development •Family support

Languages Known

- •Malayalam Read, Speak, Write
- •English Read, Speak, Write
- Hindi Read, Speak, Write
- Tamil Speak

References

• Ms.Arathy Vinod, Project Cordinator, HLL Management Academy Keston Road Kowdiar Thiruvananthapuram.

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• Mrs. Krishna SH, Deputy Project Manager, HLL Management Academy Keston Road Kowdiar Thiruvananthapuram.

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