

MS VIDHYA ALEXANDER



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📍 Pookkamanni kakkathututh Manjadi
P.O Thiruvalla Pathanamthitta-68910
5 Kerala India

🚀 SKILLS

- Communication Skills
- Problem solving
- Critical thinking
- Leadership
- Stress management
- Confidentiality
- Team work
- Interpersonal relationship
- Adaptability
- Empathy

👤 PERSONAL DETAILS

Date of Birth : 29/11/1997

Birth

Marital Status : Single

Status

Nationality : Indian

Gender : Female

Blood Group : A positive

Group

🎯 OBJECTIVE

Patient focused and empathic nurse seeking a position with growing medical practice, bringing experience, care and extensive knowledge to help improve the lives of patients

👜 EXPERIENCE

Staff Nurse October 2020 - January 2023
Continental Hospital, Hyderabad
I worked as a Team leader in the Medical surgical ward

👤 CLINICAL EXPERIENCE DURING ACADEMIC PERIOD

Fundamentals of Nursing

Sree Mookambika institute of medical science
Kulasekharam

Medical Surgical Nursing

Sree Mookambika institute of medical science Kulasekhara

Child Health Nursing

Sree Mookambika institute of medical science
Kulasekharam

Obstetrics and gynaecology Nursing

Sree Mookambika institute of medical science
Kulasekharam

Mental Health Nursing

Oolampara Govt. Hospital Trivandrum

🎓 EDUCATION

Bsc Nursing 2015-2019
Dr MGR University Tamil Nadu
65%

Plus Two 2013-2015
Balikamadam High school Thirumoolapuram
72%

S.S.L.C 2012-2013
S.N.V.S.H.S
70%

✚ EQUIPMENT FAMILIAR WITH

Hobbies : Reading books, listening
Music, Dancing

Cardiac monitor
ECG machine
Syringe pump
CPR Trolley
Nebulizer
Suction Apparatus
Glucometer
Pulse Oxymeter



PROCEDURES CARRIED OUT

- Injection -IM,IV,SC
- Central line dressing
- O2 Administration
- Medicine administration
- IV Cannulation
- New Born Care
- Breastfeeding Techniques
- Perineal care
- Antenatal and Postnatal care
- Foley's Catheterization
- Per Vaginal examination
- Orthopedic dressing
- Elastic bandage Application and suture removal



COMPUTER AWARENESS

- MS office
- Internet browsing



DUTIES AND RESPONSIBILITIES

- 1.Establishes a compassionate environment by providing emotional, psychological and spiritual support to patient, friends and families.
- 2.Promotes patients independence by establishing patient care goals: teaching patient, friends and families understand condition , medication and self- care skills.
- 3.Document patient care services by charting in patient and department records.
- 4.Assist with exercises, physiotherapy and other medical plans.
- 5.Monitor supplies and resources.
- 6.Maintain records.



DECLARATION

I hereby declaration that the information give curriculum vitae is accurate and a fair reflection of my ability.