

Sandra Kurian

Pacheril House, M.G. Kavu (P. O), Thrissur, 680581
9496603306 | sandrakurian132@gmail.com



OBJECTIVE

As a recent graduate, I am seeking a role which allows me to continue learning and perfecting my skills, and encourages me to flourish as a dietitian.

EDUCATION

Vimala College, Thrissur

2021-2023

MSc in Nutrition and Dietetics

83%

Vimala College, Thrissur

2018-2021

BSc in Family and Community Science

84%

Sacred Hearts CGHSS, Thrissur

2018

Higher Secondary Education

89%

JMJ EMHSS, Athani

2016

SSLC

94%

SKILLS

Communication skills, Diet counselling, Time management

LANGUAGES

Malayalam

English

Hindi

INTERNSHIPS & TRAININGS

Completed one month internship at Amrita Institute of Medical Sciences, Kochi.

Completed 3 months training at Daya General Hospital, Thrissur.

SEMINARS ATTENDED

54th Annual Conference of the Nutrition Society of India held at ICMR- NIN, Hyderabad

One day workshop under Department of Clinical Nutrition at Amala Institute of Medical Sciences, Thrissur

Workshop on "Case study in Dietetics" under Department of Clinical Nutrition at VPS Lakeshore Hospital, Kochi

PROJECTS

UG Project

Prevalence and Chances of Urinary Tract Infections in Young Adult Women in selected areas of Thrissur District.

PG Project

Assessment of Dietary Patterns & Nutritional Status of School Going Children under PM Poshan Scheme of Thrissur District.

REFERENCE

Dr. Thomas Ruby Maryamma - Vimala College, Thrissur

HOD of Home Science Department

Mrs. Aswathymol E. P - Daya General Hospital, Thrissur
Chief Dietitian

Dr. Bri. Niveditha (RD) - Amrita Institute of Medical Sciences, Kochi
HOD of Clinical Nutrition & Dietetics Department