



ANSU THANKAM JOHN

ORTHOPEDIC SURGEON

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SUMMARY

Orthopedic surgeon with a post-graduation degree from Christian Medical College, Vellore. Currently working as consultant orthopedic surgeon at St Thomas Mission Hospital, Kattanam.

Interested in furthering surgical skills. Committed to providing exceptional patient care and enthusiastic in learning new techniques to improve outcomes in surgical interventions.

SKILLS

- Orthopedic trauma management
- Diagnostic evaluation
- Patient care
- Excellent communication skills

WORK EXPERIENCE

○ Orthopedic surgeon

St. Thomas Mission Hospital, Kattanam, Kerala, India

October 2021 - Present

- Worked as part of the orthopedic team in management of various surgical conditions including trauma, reconstructions and replacement surgeries
- Basic trauma management. Acute emergency room management of polytrauma cases.
- Competent in management of basic hand injuries, pediatric trauma cases.
- Provided inpatient and outpatient care.

○ Post graduate Orthopedic trainee

Christian Medical College, Vellore

May 2018 – July 2021

○ Medical Officer

Mar Chrysostom Fellowship Mission Hospital, Kumbanad, Kerala

January 2016 – January 2018

- Acute emergency room management of patients with various medical and surgical emergencies.
- Assisted in management of patients in Intensive Care Unit, evaluation and management of patients with various medical conditions.
- Documented all patient evaluations, treatment and medications.

EDUCATION

- Degree of Bachelor of Medicine and Surgery (MBBS) **June 2010 – December 2015**
Christian Medical College and Hospital, Ludhiana, Punjab
Baba Farid University of Health Sciences
- Master in Orthopedic Surgery (MS Orthopedics) **May 2018 – July 2021**
Christian Medical College and Hospital, Vellore, Tamil Nadu
The Tamil Nadu Dr. M.G.R Medical University, Chennai, India
- MRCS (Edinburgh)– Successfully completed part A **January 2024**

RESEARCH EXPERIENCE

- **Postgraduate Thesis on:** “A Prospective cohort study on the effect of low back pain in patients undergoing total joint arthroplasty of hip or knee for severe arthritis.” TNMGR University, Tamil Nadu.
- Research Methodology and Biostatistics Workshop attended as PG. Workshop conducted by Department of Epidemiology, The TNMGR university in August 2018

PUBLICATIONS AND PAPER PRESENTATION

- John, A.T., Madhuri, V. A Preliminary Survey of Women Orthopedic Surgeons on Awareness of Radiation Safety Practice and Breast Cancer Risk in India. *JOIO* (2021).
- A Preliminary Survey of Women Orthopedic Surgeons on Awareness of Radiation Safety Practice and Breast Cancer Risk in India - Presented at 64TH Annual Conference of Indian Orthopedic Association (IOACON 2019).

CONFERENCES AND COURSES ATTENDED

- Basics in Hip and Knee Arthroplasty CME 2020, Christian Medical College, Vellore, Tamil Nadu
- CME on Advances in Pediatric Orthopedics, Christian Medical College, Vellore, Tamil Nadu in January 2020.
- 64TH Annual Conference of Indian Orthopedic Association (IOACON 2019) held on 19th -24th November 2019 at Biswa Bangla Convention Centre, Kolkata
- Current Concepts in Osteosynthesis – Basics 2019 CME, Christian Medical College, Vellore, Tamil Nadu in July 2019.
- Research Methodology and Biostatistics, Department of Epidemiology, The Tamil Nadu Dr.M.G.R Medical University in August 2018.
- CME of Kerala Orthopedic Association- The Shoulder key-basics on July 10th 2022
- Basic Life Support (Adult and Pediatric) and Advanced Cardiac Life Support Course held at Christian Medical College and Hospital, Ludhiana in April 2015.
- Kerala Orthopedic Association State Conference 2023,2024. Finalist in KOACON quiz Competition 2023.
- The Knee Arthroscopy and Arthroplasty course conducted by Orthopedic Lourdes Alumni Association in April 2023.
- CIOS 2023 - Knee Arthroplasty Cadaver Workshop conducted on 29th September 2023.

LICENSES AND REGISTRATIONS

- Travancore Cochin Medical Council Registration No. 58069
- Tamil Nadu Medical Council Registration No. 131024
- Lifetime member Indian medical association (IMA) Membership no KRL/26884/31/922/271086/2021-22/CL
- Lifetime member of Kerala Orthopedic Association. Membership no. 1524
- Life Member of the Association of Medical Alumni, Christian Medical College, Ludhiana

REFERENCES

- **Dr Anil Thomas Oommen**
Senior Professor and Head of Orthopedics Unit II
Christian Medical College, Vellore
lillyanil@cmcvellore.ac.in
- **Dr Vinoo Mathew Cherian**
Professor and Head of Orthopedics Department
Believers Church Medical College Hospital, Thiruvalla
Former Head of Orthopedics Department, Christian Medical College Vellore
vinoomathewc@gmail.com
- **Dr Sumant Samuel**
Professor and Head Orthopedics Unit III Christian
Medical College Vellore, India
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