



SANDHRA K P

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Objective

Motivated student good interpersonal skills looking to gain valuable experience in professional setting. Seeking a challenging position in a reputed organization where I can learn new skills and expand my knowledge.

Personal Details

- Date of Birth : 19/01/1999
- Marital Status : Single
- Nationality : Indian
- Gender : Female
- Place : Thrissur

Education

- **IGNOU** 2019 - pursuing
MSCDFSM (DIETETICS AND FOOD SERVICE MANAGEMENT)
- **Calicut University** 2016 - 2019
BACHELOR OF FOOD TECHNOLOGY
- **DON BOSCO HSS , IRINJAKAUDA** 2014 - 2016
BOARD OF HIGHER SECONDARY EXAMINATION
- **DON BOSCO HSS IRINJAKAUDA** 2013 - 2014
SECONDARY SCHOOL LEAVING CERTIFICATE

INTERNSHIP EXPERIENCE

- RF Exports, Eramallor, Alappuzha 2019 - (15 days)
- Aster Medcity, Kochi - 2023 (pursuing)

Projects

- **Nutritional Assessment of Chronic Obstructive pulmonary Disease Patients at Thrissur**
Amala Institute Of Medical Science, Thrissur

CERTIFICATES

- Certificate in Food and Nutrition (IGNOU)
- Kerala Food Technologists Association Membership Certificate
- Certificate of Participation in Amala Nutrition Congress - 2023
- Certificate of Participation in Aster Nutricon - 2023

Skills

- Active listening
- Communication
- Creativity
- Leadership
- Planning and Coordination
- Problem solving
- Self discipline

Languages

- English
- Malayalam
- Hindi

DECLARATION

- I hereby declare that all the above particulars are true and correct to the best of my knowledge and belief.
Looking forward to working with your esteemed organization.