



## MEENU MARY PAUL

Respiratory Therapist

### CONTACT INFO

- 📍 Ernakulam Dist,  
Kerala, India
- 📞 +91 9148113016
- ✉ meenumarypaul10@gmail.com

### PROFILE

Gender : Female  
DOB : 10/13/1999  
Marital Status : Single

### PERMANENT ADDRESS

Manayathukudy (H)  
Keezhillam P.O  
Permbavoor, Kerala  
Pin: 683541

### LANGUAGES KNOWN

English, Tamil, Kannada  
Hindi, Malayalam

### PASSPORT DETAILS

Passport No : R1473806  
Place of Issue : Cochin  
Date of Issue : 20/07/2017  
Date of Expiry : 19/07/2027

### CARRIER OBJECTIVES

Seeking position as Respiratory Therapist in any health care industry that can utilize my experience in health care and can provide performance and opportunities for advancement.

### QUALIFICATION

Bachelor of Science in Respiratory Therapy

### WORK EXPERIENCE

- Narayana Hrudayalaya Institute of Medical Sciences, Bangalore**  
26<sup>th</sup> March 2022-Currently working  
Respiratory Therapist | Critical Care & COVID ICU
- Narayana Hrudayalaya Institute of Medical Sciences, Bangalore**  
20<sup>th</sup> September 2021 March 20<sup>th</sup> 2022 | Respiratory Therapist  
(Internship)

### Clinically Exposed to:

- Intensive Care Units (ICU)
- Ward
- Multidisciplinary ICU
- Causality ICU & Emergency Trauma triage (EMD)
- Cardiac ICU & Neuro ICU
- Neonatal ICU (NICU)
- High Dependency Unit (HDU)
- Pulmonary Function Test Lab (PFT LAB)
- Hyperbaric Oxygen Therapy

### MACHINES HANDLED

- Mechanical ventilator
- Cardiac monitors & Pulse oximeter
- Oxygen therapy devices
- Defibrillator & Automated external defibrillator (AED)
- Pulmonary function testing equipment
- Oxygen analyzers & Arterial BP transducer
- Suction pump
- Incentive spirometry
- Capnometers

## AREA OF EXPERTISE

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- Hyperbaric Oxygen Therapy
- Intensive Care Unit (Medical, Pediatric, Surgical, Cardiac, Neuro)
- High Dependency Unit and ward
- Emergency Department
- Bronchoscopy
- PFT.

## PROFESSIONAL EXPERIENCE

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- Baseline Assessment of patients with history taking.
- Oxygen Therapy: Using all Oxygen Therapy devices, proper handling and care of devices, monitoring of the requirement of oxygen and weaning.
- Endotracheal Intubation: Intubation procedure, Assisting Intubation and endotracheal suctioning and Emergency situations.
- Well trained in Percutaneous Tracheostomy.
- Worked in collaboration with Physician and Care Supervisors to create effective treatment program for patients.
- ABG withdrawal and Interpretation.
- Inter/Intra Hospital transportation of the patients with transport ventilators.
- Regulatory involved in the teaching and training of Respiratory therapists, Critical care nurses.
- Well Trained in the area of Cardiopulmonary.
- Handled all type of ventilators which includes (MINDRAY, ENGSTROM, CARESTATION, CARESCAPE, MAQUET SERVOI, DRAGER)
- NIV includes
- Stellar (RESMED) Philips (RESPIRONICS) -High flows and Humidifiers
- Involved regular ward follow up in ICU patients.
- Perform SPIROMETRY, DLCO, Lung Volumes, IOS
- Well trained in assisting BRONCHOSCOPY, EBUS & PLEUROSCOPIES and other Interventional OT procedures related to pulmonology.
- Well trained in Pulmonary rehabilitation
- Well trained in Hyperbaric Oxygen Therapy
- Assessed, diagnosed and treated Breathing issues
- Chest X ray Interpretation.
- Worked as Respiratory Therapist in 100 Bed ICU. Handled life supporting system management and monitoring.

## ACADEMIC PROFILE

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2017-2021	<b>Narayana Hrudayalaya Institute of Medical Science</b> BSC RESPIRATORY CARE TECHNOLOGY
2015-2017	<b>Guardian Angel's English Medium Higher Secondary School</b> Higher Secondary Education
2015	St. Joseph's Convent Senior Secondary English Medium School Pulluvazhiii, Perumbavoor SSLC

## LICENSING & REGISTRATION

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Life Member : LM22055404

BLS (235603968882) & ACLS (235623970048) Certified

## PROFESSIONAL DEVELOPMENT PROGRAMS

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Participated in RESCARE'18 Held in Narayana Hrudayalaya Hospital Bangalore.

Participated in First Regional Conference of IARC RESCON18 held at Sri Jayadev Bangalore.

Participated in RESCON19 held in Narayana Hrudayalaya Hospital Bangalore Participated in RECARE 19 Held in A.J. Hospital & Research Centre Mangalore Participated in RESCARE'22 Held in Apollo Hospital Bangalore.

## REFERENCES

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- Dr. Arjun Alva (SENIOR CONSULTANT AND CRITICAL CARE HOD)  
Narayana Hrudayalaya Hospital, Bangalore.  
Mobile: 0091 9108 026 001 | Email: arjun.alva.dr@narayanahealth.org
- Dr. Ranganath R (SENIOR CONSULTANT PHYSICIAN AND PULMONOLOGIST)  
Narayana Hrudayalaya Hospital, Bangalore  
Phone: 0091 9740 200 774 | Email: rrpulmo@gmail.com
- Dr. Murali Mohan (SENIOR CONSULTANT PHYSICIAN AND PULMONOLOGIST)  
Narayana Hrudayalaya Hospital, Bangalore.  
Phone: 0091 9844 097 170
- Dr. Hemanth H.R (SENIOR CONSULTANT- Critical Care)  
Narayana Hrudayalaya Hospital, Bangalore  
Phone: 0091 9916 141 408
- Dr. Harish M.M (SENIOR CONSULTANT-Critical Care)  
Narayana Hrudayalaya Hospital, Bangalore  
Email: dr.harishmm@rocketmail.com

## DECLARATION

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I hereby declare that above mentioned details are true to the best of my knowledge and belief. I assure you of my commitment and sincerity and serve our institution to the best of my ability to prove worthy of my selection.

Yours Faithfully,

**MEENU MARY PAUL**