



CURRICULUM VITAE

Maria Thomas

Vadayattu (H)

Thoprakudy p. O Karikkavala

Idukki district

Kerala ,India : 685609

Ph no. 9061139765

E mail : 20mariathomas@gmail.com

OBJECTIVE

To obtain a position in a health care facility where I can utilize my skills, knowledge and experience to provide quality health care. Seeking a Registered Nurse position which will give me an opportunity to expand my practical experience at the same time as providing quality care to residents.

PERSONAL PROFILE

Name : Maria Thomas

Father's Name : Thomas

Present Address : Vadayattu (H)

: Thoprakudy P. O karikkavala

Kerala 685609

Email ID : 20mariathomas@gmail.com

Mobile : 9061139765
Sex : Female
Date of Birth : 13/04/2000
Profession : BSc. Nursing
Religion & Caste : Christian, RCSC
Marital Status : Single
Known languages : English, Malayalam, German

EDUCATIONAL QUALIFICATION

QUALIFIKATION	INSTITUTION	BOARD/ UNIVERSITY	PERCENTAGE
S. S. L. C	G. H. S Thoprankudy	Board of Public examination, Kerala.	95%
Plus Two	G. H. S. S Thoprankudy	Board of Higher Secondary Examination, Government of Kerala.	80%

PROFESSIONAL QUALIFICATION

Qualification	Institution	Board/ university	Year of passing
BSC Nursing	St. John's college of Nursing, kattappana	Kerala University of Health Science, Thrissur	2023

REGISTRATION DETAILS

Nursing Registration	Registration Number
Kerala Nurses and Midwives Council	KL03202302293

YPES OF EQUIPMENTS USED

- ECG Machine
- Pulse Oxymeter
- Nebulizer
- Glucometer
- Stethoscope
- Spot vitals
- Steam inhaler
- Cardiac Monitor
- Portable Monitor
- Thermometer
- Suction apparatus
- Oxygen cylinder

DUTIES AND RESPONSIBILITIES

- Admission and discharge of patients
- Checking vital signs frequently

- ☐ Continuous monitoring of the patients
- ☐ Ensuring proper hand washing before and after procedure
- ☐ Ensuring safety and security of patients
- ☐ Meeting the nutritional, personal hygiene and elimination needs of the patient
- ☐ Assisting physician in performing all diagnostic and therapeutic procedures.
- ☐ Providing comfort measures. ☐ Provide psychological support to patient and his family
- ☐ Maintaining intake output chart
- ☐ Administration of medications
- ☐ Administration of fluid and electrolytes
- ☐ Providing tube feeds

SKILLS AND STRENGTHS

- ☐ Positive approach
- ☐ Enjoy working in teams
- ☐ Enjoy challenges and assignments
- ☐ Capable of holding responsibilities
- ☐ Will to succeed
- ☐ Making good relationship in the living environment

CLINICAL EXPERIENCE

2022 - Palliative field visit under Kattappana Taluk Hospital

-Labour Room Obstetrics & Gynecological wards at St. John's Hospital Kattappana and Taluk Hospital Adimali

2021 – Psychiatric ward at Fortunatus Mental Health Centre

-ED, MICU, SICU, CCU, NICU, Paediatric ward and dialysis unit at St. John's Hospital Kattappana

2020 - Community Health post at CHC Upputhara, PHC Vazhavara & FHC Kanchiyar

2019 - Medical Surgical ward at St. John's Hospital Kattappana

2018 - Pratheeksha Bhavan Old age home Kattappana

ACTIVITIES AND SPECIAL PROGRAM

- ☐ Active participation in cultural events
- ☐ Trained in old age homes and special homes under the supervision of experience personnel
- ☐ School Health Program
- ☐ Medical Camp

RESEARCH CONDUCTED

A study to assess the knowledge level regarding menopause among Middle aged woman in Idukki district, Kerala with a view to prepare an information booklet.

INTERESTS

☐ Reading to keep updating knowledge

☐ Social activities

☐ Listening Music

REFERENCE

Prof. Annmary Louis

Principal

St. John's College of Nursing, Kattappana .

Phone no. : 9446164749

DECLARATION

I hereby declare that the above mentioned matters are true and correct to the best of my knowledge and belief.

Place : Thoprankudy

Maria Thomas

Date :