



Risma Abubekar

Home : Travancore Whiteland Apartments, 682028, Kochi, Kerala, India

Email: risma.abu@gmail.com **Phone**: (+91) 7902796081

Gender: Female **Date of birth**: 10/12/1997 **Nationality**: Indian

ABOUT ME

A fresh medical school graduate, well prepared to handle and learn from different patient scenarios. Good knowledge of clinical practices and protocols. trained in various clinical procedures in Medicine, Surgery, Anaesthesia and Emergency Medicine. Skilled in listening to and addressing patient concerns. Able to work as a team and communicate and contribute effectively with my team members towards enhancing patient care and satisfaction.

EDUCATION AND TRAINING

[18/09/2017 – 30/11/2023]

MBBS

Government Medical College, Kannur <https://gmckannur.edu.in/>

City: Kannur

Country: India

Higher Secondary Education

Indian High School <https://ihsom.ihsdubai.org/>

City: Dubai

Country: United Arab Emirates

LANGUAGE SKILLS

Mother tongue(s): Malayalam

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

Hindi

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft Word | Microsoft Excel | Microsoft Powerpoint | Social Media

COMMUNICATION AND INTERPERSONAL SKILLS

Establishing rapport

Empathetic towards patient concerns

Ability to pay attention to every detail

Fluency in local language

DRIVING LICENCE

Motorbikes: A2

Cars: B

CONFERENCES AND SEMINARS

[2019] **Community Medicine Seminar on Water Well Construction** Government Medical College, Kannur

Covering the pre requisites, basics, application and maintenance of water well in rural areas in India

[2020] **Ophthalmology Seminar on Astigmatism** Online

[2020] **ENT Seminar on Chronic Suppurative Otitis Media** Online

[2022] **Medicine Seminar on Blood Pressure**

[2022] **Paediatric Seminar on Meningitis** Government Medical College, Kannur

[2023] **Seminar on Management of Snake envenomation**

Government Medical College, Kannur

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[10/11/2023]

Seminar on Assessment of National Leprosy Eradication Programme in Family Health Centre, Cheruthazham, Kannur

Government Medical College, Kannur

MANAGEMENT AND LEADERSHIP SKILLS

Team leader in various talent programs for interbatch and intercollege arts fest

PROJECTS

[2019] **Urban Community Study on Doctor Patient Relationship**

A one week study on patient's perspective of doctor patient relationship done in a questionnaire format, going to house holds in an urban community at Kannur, Kerala

HOBBIES AND INTERESTS

Reading

Traveling

Dance

Listening to music

Medical related tv series

SOCIAL AND POLITICAL ACTIVITIES

[2023] **Medical camp in Kendriya Vidyalaya, Kannur**

General physical examination, ear, nose, throat and vision testing were performed on school children for a period of 4 days

[31/07/2022] **Volunteer in Aster Oncology Medical Conference 'Oncotalks'** Kannur

[17/06/2022 – 24/06/2022] **Online session on Covid 19 training held by Stanford CME**

[10/2020] **Participated in Live digital CME in Cardio Conclave 2020**

[19/04/2019 – 29/04/2019] **National Service Scheme** Kannur, Kerala

10 day long volunteering in a rural community in Kannur, Kerala where we were divided into groups of 3 and was sent to households to perform case taking, general examination and vitals assessment, hold awareness classes for school aged children, pubertal girls, pregnant women, women in reproductive age group and elderly population