

NEENA RAPPAI

REGISTERED NURSE



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neenarappai1997@gmail.com.com



CAREER OBJECTIVE

A dedicated, enthusiastic and hardworking Health Care Provider, looking for a challenging role where I can utilize my skills and abilities and afford me the opportunity for personal and professional growth.

TECHNICAL SKILLS

- ◆ CPR
- ◆ Checking vital signs
- ◆ Wound management
- ◆ Changing bandages
- ◆ Inserting an IV
- ◆ Administering injections
- ◆ Drawing and collecting blood from patients
- ◆ Placing and monitoring chest tubes
- ◆ Placing nasogastric (NG) tubes

SOFT SKILLS

- ◆ Time management
- ◆ Empathy
- ◆ Self-confidence
- ◆ Attention to detail
- ◆ Patience
- ◆ Teamwork
- ◆ Communication skills
- ◆ Problem-solving skills
- ◆ Flexibility

CAREER SUMMARY

◆ Registered Nurse

Aster Medcity, Kochi

June 2022 to September 2022

◆ Registered Nurse

Holy family hospital, Mumbai

October 2019 to November 2021

EDUCATIONAL TRAINING

Bachelor of Nursing

Institution: St. Joseph College of Nursing,
Nallapadu, Guntur Under Dr. NTR University
of Health Sciences

Year of Graduation: 2018

PROFESSIONAL REGISTRATION

Registered under the Kerala Nurses And
Midwives Council

(Registration No:KL04202201374)

NATURE OF WORK

- ♦ Receiving and admission of patients
- ♦ Orientation
- ♦ Data collection and Physical examination
- ♦ Assessment of vital signs
- ♦ Diagnostic evaluation & making Nursing Diagnosis
- ♦ Continuous monitoring of patient & Informing any changes to consult doctor
- ♦ Assisting for diagnostic and Therapeutic Procedures
- ♦ Planning and implementation of patient care, includes
- ♦ Hygiene, Nutrition, comfort measures and elimination needs. (Example – Diabetic Diet, Fluid Diet, Renal & Hepatic Diet)
- ♦ Administration of medications (Example – ID, IM, IV, SC)
- ♦ Health education
- ♦ Maintaining records & reports.
- ♦ Discharge and follow-up care
- ♦ In-service education
- ♦ Worked as Clinical instructor taught PBBsc as well as GNM Students Subject like Obstetric, Paediatric.
- ♦ Demonstrated procedures related to personal hygiene, invasive procedures related to records & report.
- ♦ Planning Curriculum & Practice teaching for student.

COMPETENT IN ASSISTING THE FOLLOWING PROCEDURES

- ♦ Lumbar Puncture
- ♦ Tracheostomy
- ♦ Sterile Dressing
- ♦ Catheterization
- ♦ Ascitic Tapping
- ♦ Plural Tapping
- ♦ Bone marrow aspiration
- ♦ Emergency Intubation
- ♦ Venesection Procedure

KNOWLEDGE IN HANDLING EQUIPMENTS

- ♦ Suction Machine
- ♦ Nebulizer Machine
- ♦ Cardiac Monitor
- ♦ ECG Machine
- ♦ Pulse Oximeter
- ♦ Infusion Pumps
- ♦ Oxygen flow meter
- ♦ Inhalers and Glucometer
- ♦ BP Apparatus
- ♦ Defibrillator
- ♦ Ventilator

REFEREES

- ♦ Sr. Grace Antony
Nurse Manager
St; Joseph Hospital, Nallapadu
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- ♦ Sr. Ramya
Nurse Manager
Holy Family Hospital, Mumbai.
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