### NAMEER NIZAR

Malikaveedu Coirfed lane, Sea view ward Alapuzha 8075722602 nkfathima76@gmail.com



#### CAREER OBJECTIVE

To work in a firm with professional work driven environment where I can utilize and apply my knowledge, skills which would enable me to grow while fulfilling organizational goals.

#### **EXPERIENCE**

Ayurvaidya hospital ernakulam - 3 years

#### **EDUCATION**

 RVS college of physiotherapy, Coimbatore Bachelor of Physiotherapy 70% 2017

#### TECHNICAL SKILLS

- Manual mobilisation
- Myofacial release
- Neuro development therapy
- Sensory integration therapy

# **PROJECTS**

Lower limb strengthening for geriatric population.

# **ACHIEVEMENTS & AWARDS**

- Workshop on Decoding bobath therapy
- Workshop on Spine radiology and spinal manual therapy
- Seminar on Everything about shoulders

### **INTERESTS**

- Orthopaedics
- Neurology
- Cardio respiratory
- Sports rehabilitation

#### PERSONAL STRENGTHS

Strong interpersonal communication skill Easy and confident handling of patients Most loyal and straight forward at work Can adapt to any working condition

# PERSONAL PROFILE

Date of Birth

: 24/04/1994

Marital Status

: Married

Nationality

: Indian

· Known Languages: English, malayalam, tamil, hindi, arabic

# **DECLARATION**

I hereby declare that all the information furnished above is true to the best of my knowledge and I promise to satisfy my superiors to the best of my ability.

MAMEERNIZAR