



**TEENA SUSAN BABU**

## Contact

Kaippaseril House  
Shappupady, Varappuzha,  
Ernakulam, Kerala,  
India, Pin: 683517  
Mobile: +91 8525904499  
Email:teenasusan97@gmail.com

## Area Of Interest

- ❖ Nutritionist
- ❖ Diet Counseling
- ❖ Food Quality Controller
- ❖ Counseling

## Skills

- ❖ Strong Communication
- ❖ Leadership
- ❖ Interpersonal and Organizational skills
- ❖ Excellent at writing clear and timely self-correspondence
- ❖ Problem Solving Skills
- ❖ General Computer Proficiency

## Personal Details

DOB:14<sup>th</sup> January 1997  
Marital Status: Single  
Sex: Female  
Nationality :Indian  
Languages Known :  
English, Malayalam, Hindi, Tamil

## Career Objective

I am a skilled and service-oriented professional seeking a challenging career in organization that values my knowledge and competitive skills to deliver results and expand my potential.

## Work Experience

- ❖ Dietitian  
Nutrition Center (2 Year)
- ❖ Business Development Officer  
Login 2 Creations (7 Months)

## Education

- ❖ MSC Food and Nutrition  
Bharathiar University in with 71% marks in 2020
- ❖ BSC Food Science and Nutrition  
Bharathiar University in with 75% marks in 2018

## Project

- ❖ Exploitation of Banana Peel  
Evaluated sensory attributes and shelf life of cakes with an emphasis on its antioxidant and nutrition content.
- ❖ Pumpkins Seeds  
Sensory evaluation and self life analysis.

## Training

- ❖ Amrita Institute of Medical Science and Research center  
Trainee (Dietitian)
- ❖ Kongunard Hospital PVT.LTD  
Trainee (Dietitian)

## Achievements

- ❖ National Conference Adolescence  
Adolescent nutrition and reproductive health care
- ❖ National Seminar  
Proficient in current food science and chemistry techniques
- ❖ National Seminar  
Developed entrepreneurial skills to establish and operate a nutrition processing business

## Declaration

I hereby declare that all the details furnished above are true and correct to the best of my knowledge and belief

Place: Varapuzha

**TEENA SUSAN BABU**