



ALEESHA SANISH

SOCIAL WORKER

SUMMARY

Master of Social Work with field work experience in different settings. Dedicated and empathetic to listen others. Eager to work in a setting to develop professional knowledge and greatly interested to foster positive change in the lives of individuals.

WORK EXPERIENCE

SUNRISE HOSPITAL, KAKKANAD, KOCHI

SOCIAL WORK TRAINEE

- Worked in Emergency Department, Home care, In-patient & Out-Patient Departments, Medical Records and Patient Relation Department.

LOUISE MOUNT HOSPITAL, CHENNALODE, WAYANAD

SOCIAL WORK TRAINEE

- Conducted group work, Recreational Activities for the Psychiatric Patients.
- Case Presentation, Mental Status Examination (MSE) and Case history were taken.

KURIAKOSE CHAVARA MEMORIAL HOSPITAL, NOORANAD, ALAPPUZHA

SOCIAL WORK TRAINEE

- Conducted Psycho Education and Group Work.
- Witnessed and assisted in Aversion Therapy.
- Observed Counseling sessions.

VIJAYAPURAM SOCIAL SERVICE SOCIETY (VSSS), KOTTAYAM

SOCIAL WORK TRAINEE

- Conducted awareness class on Child Rights, Childline and POCSO Act.
- Visited Child Welfare Committee (CWC) and Juvenile Justice Board (JJB).
- Attended a case enquiry with Childline team.
- Participated Outreach programs and co-ordinated Open houses.

KADAPLAMATTOM GRAMA PANCHAYAT, KOTTAYAM

SOCIAL WORK TRAINEE

- Conducted a survey for High School Students.
- Organized community program.
- Participated in Kudumbashree training program.
- Visited various Departments under the Grama Panchayat.

MANGALAM PUBLICATIONS PVT. LTD., KOTTAYAM

ON-THE-JOB TRAINING

- News reporting.
- Photography.
- Report writing.

CERTIFICATES

- Participation Certificate for volunteering Annual Status of Education Report 2022 by Pratham Foundation.
- Participation Certificate for attending four days Pre-Marital Counseling course by Directorate of Minority Welfare, Government of India.
- Certificate of Student Membership in Kerala Association of Professional Social Workers (KAPS).

DECLARATION

I hereby declare that the above mentioned information is true to the best of my knowledge and belief.

Vayala
01/12/2023

Aleesha Sanish

CONTACT

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Vayala P.O,
Kottayam, PIN : 686587
Kerala, India

EDUCATION

MASTER OF SOCIAL WORK : MEDICAL & PSYCHIATRY

*Bishop Vayalil Memorial Holy Cross College,
Cherpunkal, Kottayam - 2023*

BACHELOR OF ARTS IN ENGLISH LITERATURE, COMMUNICATION AND JOURNALISM

*Deva Matha College, Kuravilangad, Kottayam -
2020*

HIGHER SECONDARY EDUCATION

*St. Mary's Higher Secondary School,
Kuravilangad, Kottayam - 2017*

SECONDARY SCHOOL EDUCATION

*De Paul Higher Secondary School,
Nazareth Hill, Kottayam - 2015*

ACADEMIC PROJECTS

- **DISSERTATION** : A study on the effectiveness of Floortime Therapy for improving Communication skills among Autistic children.
- **PROJECT IN JOURNALISM.**

SKILLS

Communication
Documentation
Active Listening
Organizing
Time Management