

AMALA JACOB

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18 April 1999

OBJECTIVE

A physiotherapist with keen interest in patient care looking forward to work in a challenging environment to gain professional experience. Adaptable to any conditions or situations given.

EDUCATION

- **ST. JOHNS MEDICAL COLLEGE** **2018 - 2023**
RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES
Bachelor of Physiotherapy
- **INSTITUTE: MATHA SENIOR SECONDARY SCHOOL** **2016-2017**
BOARD: CENTRAL BOARD FOR SECONDARY EDUCATION
XII
- **INSTITUTE: MATHA SENIOR SECONDARY SCHOOL** **2014-2015**
BOARD: CENTRAL BOARD FOR SECONDARY EDUCATION
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CLINICAL EXPERIENCE

- **St. John's Medical College** **23 January 2023 - 24 July 2023**
INTERNSHIP: 6 months of rotatory internship training in -
cardio respiratory, musculoskeletal, Intensive care units, neurology - neurosurgery, community postings (geriatric centers and rural postings), paediatrics and OBG, medicine and surgery

* Attended 6 months of departmental postings in 6 different departments for 1 month each.

 1. Orthopaedic wards including orthopaedic OPD and orthopaedic IP units.
 2. ICUs including MICU, SICU and CCU
 3. General medicine and General surgery wards including CTS wards, CTS-ICU and Burns.
 4. Neurology and Neurosurgery wards including Neurology ITU, PMR wards, PMR ITU.
 5. Community postings:
1 week of postings in St. John's Health Centre, Mugulur, Karnataka
3 weeks of postings in Elizabeth Care Home (old age home), Koramangala, Karnataka
 6. OBG and paediatric wards which included posting in special schools like Bethany High and Christ Special School.
- **Jewel Autism and Child Development Centre** **15 August 2023 - 29 February 2024**
Physiotherapist

Working with infants and children to address a wide range of conditions such as developmental delay, cerebral palsy, musculoskeletal and neurodevelopmental conditions

PROJECTS

- **UG Project**
A Review on Efficacy of Pilates Exercises on Maternal and Fetal outcomes

SKILLS

- Effective patient handling
Working under pressure
Team work

Communication skills

Effective time management

LANGUAGES

- English
- Malayalam
- Hindi
- Tamil
- Kannada

INTERESTS

- Reading
- Travelling

CERTIFICATE

- St. John's National Healthcare Summit 2020
-participated as a delegate in the "St. John's National Healthcare Summit 2020"
held at St. John's National Academy of Health Sciences, Bengaluru, on 10th and 11 th January, 2020
- St.Johns Medical College Hospital
-undergone the training session on Basic Life Support organized by Quality Department on 24 January 2023

REFERENCES

- **Mr. Sankar Ganesh A**
St. John's Medical College
Associate Professor
sankar.ga@stjohns.in | 8925080987
- **Mr. Nelson Varghese**
St. John's Medical College
Clinical Physiotherapist
nelson.varghese@stjohns.in | 9961425137

DECLARATION

- I do hereby declare the truth and authenticity of all the information in my resume.