



Anna Joy

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Career Profile

Completed M.Sc.in Foods and Nutrition with an internship as a registered dietitian at the Apollo Hospital with an excellent work ethic and an ability to learn and adapt to a changing environment. Demonstrated excellent patient relationship, working effectively in teams developing strong relationships with the patient. Disciplined and focussed on achieving and exceeding key performance indicators. Eager to build a career.

Education

- | | |
|-------------|---|
| 2023 | Online Certificate Course on Diabetes Nutrition
Nerdy Grand with 100% score |
| 2021 - 2023 | M.Sc. Foods and Nutrition
Women's Christian College, Chennai with 70% score |
| 2018 - 2021 | B.Sc. Family and community science
Morning Star Home Science College, Angamaly with 72% score |
| 2018 | Higher Secondary
Asram Higher Secondary School, Perumbavoor with 76% score |
| 2016 | High School
St. Mary's High School Krariyely, Kerala |

Relevant Experience

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|------|---|
| 2023 | Six-month Registered Dietitian internship
Department of Dietetics, Apollo Hospital, Chennai
-Learned enteral feed planning and execution
-Learned assesement and care of patients
-Observe and learned diet management for patients in different departments (Cardiology, Gastroenterology, endocrinology, nephrology, neurology,oncology, paediatrics, gynaecology)
-Learned outpatient diet counselling |
| 2022 | One-month Online Dietetic internship
Department of Dietetics, Madras Medical Mission, Chennai |

Other Activities

- M.Sc. research in new food product development - gluten free rusk.
- B.Sc. project -To study the impact of Covid 19 lockdown on social life of working men.
- Passed Bharat Scout and Guide Rashtrapathi Examination.
- Participate in various Sports and cultural events at school and college.
- Member of various clubs at school and college.

Skills

- Communication
- Accuracy
- Active Listening
- Gaining Knowledge

Languages Known

- Malayalam
- English
- Tamil

Interests

- Reading
- Painting
- Craft Work
- Traveling