



# Thejus Krishna

## PHYSIOTHERAPIST

Looking forward for a position of physiotherapist in a health care facility, that enables me to use my clinical knowledge skills to treat all my patients equally and often them an enhancement in quality of life and well being.

## Contact

### Phone

9539831577

### Email

thejuskr82@gmail.com

### Address

Kerala, India

## Education

2018-2023

### Bachelor of Physiotherapy

Laxmi Memorial college of Physiotherapy

2016-2018

### Higher secondary Education

GHSS Arattuthara Mananthavady

## Skills

- Hardworking, punctual and sincere
- Good time management
- Interpersonal skills
- Communication skills
- Ability to establish a good relationship with patients and their family.
- Tolerance and Patience.
- diagnostic, goal setting and treatment plans

## Language

English

Malayalam

Kannada

Tamil

Hindi

## Experience

June 2023- January 2024

AJ Institute of Medical Sciences Mangalore, Karnataka 575002

### Physiotherapist

Completed 6 months of Internship in the following departments of AJIMS, Mangalore, Karnataka (NABH accredited) :

- Orthopaedics department
- Paediatrics department including PICU
- Neurology department
- Cardio-Respiratory department including ICU and SICU
- General Medicine and Surgery department
- Outpatient department and CBR postings
- Palliative Care Unit
- Dementia Centre

### Certifications

Manual Therapy (CMT): An Integrated Approach for the vertebral column, pelvic complex, temporomandibular joint, neural tissue and extremities.

12th March 2023 - 18th April 2023

### Conferences and Webinars

- 57th Annual Conference of Indian Association of Physiotherapists "IAPCONBANGALORE 2019"
- National Physiotherapy Conference "CONFLUENCE 2019"
- Webinar on "Tele-rehabilitation for Older Persons"
- International Physiotherapy Conference "MANGALORE PHYSIOCON 2022: Normalizing Life Post Covid-19"
- Webinar on "Splinting to Optimize Hand Function in Children with Cerebral Palsy"
- International Physiotherapy Conference "Mangalore Physiocon 2023"

### Projects & Research works

Final year project; Effect of electrical stimulation as a treatment for bells palsy; a literature review

Internship project; Effectiveness of Mckenzie exercises to improve cervicogenic headache; a case study

## Reference

**Dr. Sanjay Eapen Samuel**

Principal & Professor

LMCP Mangalore

575002

**Dr. Haripriya S**

Professor

LMCP Mangalore

575002