

## ABOUT ME

Conscientious and charismatic medical professional with experience in providing protocol based, timely and detailed pathology reports to clinicians. Skilled in performing wide range of medical procedures, test result interpretations, clinico-pathological co-relations. Committed to delivering the highest quality of reports.

## EDUCATION

### MD PATHOLOGY

Government Medical College / Kottayam / 2022

### MBBS

Amala Institute of Medical Sciences / Thrichur / 2017

### 12TH KERALA STATE BOARD

St. Mary's GHSS / Pala, Kottayam / 2010

### 10TH KERALA STATE BOARD

St. Augustine's GHSS / Kothamangalam, Ernakulam / 2008

# DR. ANN ROSE THOMAS

M.D PATHOLOGY



Narikkatt (H), Kottayam, Kerala, 686586, India



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## CORE COMPETENCIES

### Cytology

1. Fine needle aspiration cytology (FNAC)
2. USG guided FNAC
3. Conventional PAP smear
4. Fluid cytology and cell block study
5. Cytospin

### Hematology

1. Hemogram and CBC
2. Histograms
3. Peripheral blood smear
4. Bone marrow aspiration and biopsy
5. Platelet aggregometry

### Histopathology

1. Grossing of specimens
2. Histopathology techniques
3. Reporting of biopsies
4. Direct Immunofluorescence studies (skin biopsies)

### Clinical Pathology

Urine examination, sputum examination, CSF examination

### Reporting

1. Cytology smears, cervical smears, fluid cytology smears, cell-block and cyto-histo correlation
2. Interpretation of hematological parameters
3. Peripheral blood smear and bone marrow
4. Interpretation of special stains (MPO, PAS, Reticulin, Perls stain)
5. Biopsies including routine H&E stains, immunohistochemistry (IHC) slides, special stains (AFB, Giemsa, GMS, Toluidine blue, mucicarmine, PAS)
6. Post-mortem and foetal autopsy

## SKILLS

CLINICO-PATHOLOGICAL CO-RELATION

STANDARDS PATHOLOGY PROTOCOLS

EYE FOR DETAIL

QUALITY ASSURANCE

ANALYTICAL REASONING

DOCUMENTATION

RESIDENT SUPPORT

EXCELLENT COMMUNICATION

TRAINING

TEAM-WORK

POSITIVE ATTITUDE

## LANGUAGES

ENGLISH

MALAYALAM

HINDI

## WORK EXPERIENCE

**GOVERNMENT  
MEDICAL COLLEGE**  
Kottayam  
May 2019 - Jul 2023

### Senior/Junior Resident

- Assisted in Immunohistochemistry, direct Immunofluorescence, frozen section and reporting second opinions.
- Engaged and contributed in numerous multi-disciplinary tumor boards and clinicopathological correlation meetings.
- Participated in inter-department meetings to review cases, plan treatments, discuss goals for care.
- Performed accurate documentation of patient information using electronic medical records system.
- Advised healthcare providers on best practices for clinical decision making based on current research findings.
- Recognized potential problems early on preventing adverse events through proactive approach towards patient safety.
- Ensured that all policies and procedures were followed in accordance with hospital regulations and protocols.
- Actively conducted classes for undergraduate MBBS, BDS, Nursing and Paramedical students (BDT, perfusion medicine, MLT).
- Conducted various seminars and journal clubs for PG students.
- Demonstrated leadership abilities by successfully managing staff in the absence of the supervisor.

**RAJAGIRI HOSPITAL**  
Aluva  
Mar 2019 - May 2019

### Junior Medical Officer

- Documented the patient details, investigations, medical history etc. as per NABH and JCI protocols.
- Utilized critical thinking skills to assess patient health issues and develop treatment plans as per NMC guidelines.
- Provided compassionate care while delivering quality services to patients in a timely manner.

## PUBLICATIONS

SAUDI JOURNAL OF  
PATHOLOGY AND  
MICROBIOLOGY -

• A rare case report of eumycetoma osteomyelitis of hand - Dr. Ann Rose Thomas, Dr. S. Sankar

INTERNATIONAL  
JOURNAL OF  
CLINICAL IMAGES  
AND MEDICAL  
REVIEWS

• Pediatric cutaneous mastocytosis - Report of 3 cases - Dr. Ann Rose Thomas, Dr. S. Sankar

EAST AFRICAN  
SCHOLARS JOURNAL  
OF MEDICAL  
SCIENCES

• Rhabdomyosarcoma presenting as metastatic abdominal or chest lump - Dr. Ann Rose Thomas, Dr. S. Sankar

JOURNAL OF SKIN  
AND SEXUALLY  
TRANSMITTED  
DISEASES

• An unusual cutaneous manifestation of inflammatory breast carcinoma (Co-Author)

## THESIS, DISSERTATION AND PRESENTATIONS

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● Clinical Histopathological and direct immunofluorescence patterns in auto-immune vesiculobullous disorders guided by Dr. G. Rajan along with Dr. Lekshmidivi P, Dr. Mary Vineetha. Presented the following at various CME's attended (state, national and international):

- Spectrum of Pediatric cutaneous mastocytosis, Report of 3 cases - AAPUD virtual CME updates on Dermatological disease and spectrum, KAPCON 2021.
- A rare case of primary bone lymphoma of distal tibia at the 87th IAPM Kerala chapter.
- Cerebral tuberculoma a diagnostic dilemma at the 87th IAPM Kerala chapter.
- Rhabdomyosarcoma presenting as metastatic abdominal or chest lump at the 88th IAPM Kerala chapter.

## AWARDS

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- Thesis Presentation in the 89th IAPM Kerala chapter meeting.
  - Presented best poster in the 88th IAPM Kerala chapter meeting.
  - 1st prize for poster presentation at the 87th IAPM Kerala chapter meeting.
  - 2nd prize in a CME quiz competition (Oncopath 2.0 diagnostic challenges) at Rajagiri hospital, Aluva.