# SANDRA NOBLE

#### **SOCIAL WORKER**

# **PROFILE**

- To Secure a challenging position in a reputable organization to expand my learning, knowledge and skills.
- To secure a responsible career oppurtunity to fully utilize my training skills while making significant contribution to the success of the company
- Parappilly House Udaya
  Nagar Kathrikadavu Kaloor-682017
- sandranoble2017@gmail.com
- SANDRA NOBLE
- 7902950500

### **SKILLS**

- √ Communication Skills
- √ Problem Solving Skills
- √ Critical Thinking Skills
- √ Creative Thinking Skills
- √ Listening Skills
- √ Public Speaking Skills
- √Leadership Skills
- √ Interpersonal Skills

#### **EDUCATIONAL HISTORY**

POST GRADUATION

MASTER'S IN SOCIAL WORK

MEDICAL AND PSYCHIATRY SPECIALIZATION

2020-2022

#### PROFESSIONAL EXPERIENCE

- Worked in Alpha pediatric rehabilitation center (Jan 2023- April 2023)
- Worked in Labour India Public School (Sep 2023-Dec 2023)

#### INTERNSHIP EXPERIENCE

- · Adhisakthi indigenous peoples collective
- Your Amigos Foundation Mental health club initiative
- learning while travelling intern
- Volunteering in VENDA Project- Anti drug movement

### FIELDWORK PRACTICUM

- Edavanakkad Grama Panchayat
- Railway Childline Ernakulam
- Lokhmanya Tilak Municipal Medical College and General Hospital Sion, Mumbai
- Bethsada Mental Health Centre, Vengola
- General hospital Ernakulam

#### UNDER GRADUATION

# B.A ENGLISH LANGAUGE AND LITERATURE

**MG** University

2017-2020

## **ACTIVITES**

- 1. National Service Scheme
- 2. Panache Literature fest (event organizer)
- 3. Teresian Rural Outreach program
- 4 Participation in green protocol activities Calicut

2015-17 HIGHER SECONDARY - 60% VIVEKODHAYAM BOYS HIGHER SECONDARY, SCHOOL THRISSUR

2015 - SSLC - 75% - SHCGHSS,

**THRISSUR** 

## **TECHNICAL SKILLS**

- · Computer skills
- Ms,word,

PowerPoint, Excel

Designing

Brochures, Flyers,

**Posters** 

### **EXPERIENCE**

- Worked as Administrator at Alpha Pediatric Rehabilitation Center
- Student counselor at Labour
  India Public School
- Voluntary works in organisations -Destitute homes, old age homes
  Community volunteer for Disaster Relief Activities
- National Service Scheme communities activities

# LANGUAGES KNOWN

English

Malayalam

Hindi

Tamil

#### KEY INTEREST AREAS

✓ School Social Work (Children and Adolescents)

√ Medical Social work

√ Geriatric settings

## **EXTRA COURSES**

✓ Training of trainers Program - Government of India (Human Resource Management)

√ Cognitive Behavioural Therapy - Udemy

## ACADEMIC PARTICIPATION

✓ Paper presentation

√ Life skill workshop - Training of Trainers

√ Research Workshops

### **ACHIEVEMENTS**

✓ State level hockey Participation✓National level floorball participation

# EXTRA CURRICULAR INTERESTS AND HOBBIES

Creative Arts

**Animal Care** 

Journaling

Reading