

SHANIZ BABU

SOCIAL WORKER



PROFILE

Dedicated to empowering individuals and communities as a dedicated social worker, promoting social justice, advocating for vulnerable populations, and creating positive change through evidence-based practices and interdisciplinary collaboration

CONTACT

- +91 8848729293
- shanizbabu19@gmail.com
- Kochi , Kerala 682301

SKILLS

- Psychosocial evaluation
- Communication
- Report Preparation
- Teamwork
- Crisis Evaluation and Intervention
- Client Screening
- Resilience

EDUCATION

MASTER OF SOCIAL WORK
MARIAN COLLEGE , KUTTIKANAM
2021- 2023

BACHELOR OF COMMERCE
RAJAGIRI COLLEGE OF
MANAGEMENT
2018 - 2021

EXPERIENCE

GERIATRIC SOCIAL WORKER

EASEDEMENTIA TECHNOLOGIES

OCTOBER '23 - JANUARY'24

- Developed personalized care plans for people with dementia, using non-pharmaceutical strategies.
- Created and led tailored programs to promote independence and cognitive functions
- Worked closely with families and caregivers for a comprehensive care approach

SOCIAL WORK INTERN

SOS CHILDRENS VILLAGE

MAY '23 - JUNE '23

- Facilitated group sessions for clients with diverse backgrounds.
- Engaged in the administrative functions.
- Assisted the mothers to attend skill development sessions

MEDICAL SOCIAL WORK INTERN

MADRAS MEDICAL MISSION HOSPITAL , CHENNAI

2014 - 2017

- Conducts psychosocial assessments
- Goes for OPD rounds and takes follow-ups.
- Does case presentation for treatment concessions
- Provides awareness to the patients regarding government schemes and policies.
- Conducts post surgical counselling

TECHNICAL SKILLS

- MS WORD
- MS EXCEL

LANGUAGE

- ENGLISH
- MALAYALAM
- TAMIL
- FRENCH

DISSERTATION

Psychosocial wellbeing and coping mechanisms of Seafarers

REFERENCES

Rev. Fr. Abey M Chacko

Chaplain
Madras Medical Mission
Hospital Chennai
9445709382

Mr. Hari R S

Professor
Marian College, Kuttikkanam
9496330297

Ms . Neena Babu

Asst. Village Officer
SOS Children's Village
Aluva
8289922821

PSYCHIATRIC SOCIAL WORK INTERN

MENTAL HEALTH ACTION TRUST , CALICUT

SEPTEMBER ' 22 - OCTOBER ' 22

- Collaborated with multidisciplinary teams i to develop comprehensive treatment plans
- Performed home visits as part of an interdisciplinary team to assess the living conditions of clients.
- Conducted comprehensive assessments of the client's mental health needs, strengths, and weaknesses.
- Engaged the clients in group work.

COMMUNITY SOCIAL WORK INTERN

DONBOSCO CHILDLINE , TRIVANDRUM

MAY ' 22- JUNE ' 22

- Monitored the children at children's home
- Assisted the staffs at railway Child line
- Organized summer camp for children

VOLUNTEER

STREET CAUSE , KOCHI

JUNE ' 21 - AUGUST ' 21

- Helped organize volunteers to benefit organizational objectives.
- Applied marketing strategies to increase awareness of the organization's mission among potential donors
- Displayed flexibility to adapt to situations

PARTICIPATION

- Participated in life skill training for trainers
- Provided counseling for inmates of peermade sub jail
- Provided life skills training for students of Elappara Higher Secondary School
- Provided life skills training for students of Jai Matha School, Marayoor
- Had the chance for identification of need of tribal community of marayoor
- Conducted summer camp at karimadam colony