## **SHANIZ BABU**

## **SOCIAL WORKER**

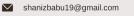
#### PROFILE

Dedicated to empowering individuals and communities as a dedicated social worker ,promoting social justice, advocating for vulnerable populations, and creating positive change through evidence- based practices and interdisciplinary collaboration

#### CONTACT



+91 8848729293





🙎 Kochi , Kerala 682301

#### SKILLS

- Psychosocial evaluation
- Communication
- Report Preparation
- Teamwork
- Crisis Evaluation and Intervention
- Client Screening
- Resilience

### EDUCATION

#### MASTER OF SOCIAL WORK

MARIAN COLLEGE , KUTTIKANAM 2021- 2023

#### BACHELOR OF COMMERCE

RAJAGIRI COLLEGE OF MANAGEMENT 2018 - 2021



#### EXPERIENCE

#### GERIATRIC SOCIAL WORKER

EASEDEMENTIA TECHNOLOGIES

OCTOBER '23 - JANUARY'24

- Developed personalized care plans for people with dementia, using non- pharmaceutical strategies.
- Created and led tailored programs to promote independence and cognitive functions
- · Worked closely with families and caregivers for a comprehensive care approach

#### SOCIAL WORK INTERN

SOS CHILDRENS VILLAGE

MAY '23 - JUNE '23

- Facilitated group sessions for clients with diverse backgrounds.
- Engaged in the administrative functions.
- Assisted the mothers to attend skill development sessions

#### MEDICAL SOCIAL WORK INTERN

MADRAS MEDICAL MISSION HOSPITAL, CHENNAI 2014 - 2017

- Conducts psychosocial assessments
- Goes for OPD rounds and takes follow-ups.
- Does case presentation for treatment concessions
- · Provides awareness to the patients regarding government schemes and policies.
- Conducts post surgical counselling

#### TECHINCAL SKILLS

- MS EXCEL

- ENGLISH
- MALAYALAM
- TAMIL
- FRENCH

## DISSERTATION

Psychosocial wellbeing and coping mechanisms of Seafarers

# REFERENCES VOLUNTEER STREET CAUSE, KOCHI JUNE '21 - AUGUST '21

#### Rev. Fr. Abey M Chacko

#### Mr. Hari R S

#### Ms . Neena Babu

Asst. Village Officer SOS Children's Village

Aluva

8289922821

#### PSYCHIATRIC SOCIAL WORK INTERN

MENTAL HEALTH ACTION TRUST, CALICUT

SEPTEMBER ' 22 - OCTOBER '22

- · Collaborated with multidisciplinary teams i to develop comprehensive treatment plans
- LANGUAGE

   Performed home visits as part of an interdisciplinary team to assess the living conditions of clients. team to assess the living conditions of clients.
  - · Conducted comprehensive assessments of the client's mental health needs, strengths, and weaknesses.
  - Engaged the clients in group work.

#### COMMUNITY SOCIAL WORK INTERN DONBOSCO CHILDLINE , TRIVANDRUM

MAY '22- JUNE '22

- Monitored the children at children's home
- Assisted the staffs at railway Child line
- Organized summer camp for children

- Helped organize volunteers to benefit
- Madras Medical Mission
  Hospital Chennai
  9445709382

  organizational objectives.

  Applied marketing strategies to increase awareness of the organization's mission at potential donors

  Displayed flexibility to adapt to situations awareness of the organization's mission among

- Protessor

  Marian College, Kuttikkanam

  9496330297

  Ms. Neena Bahu

  Provided Counseling for inmates of peermade sub jail

  Provided life skills training for counterparts of peermade sub jail Higher Secondary School
  - Provided life skills training for students of Jai Matha School, Marayoor
    - Had the chance for identification of need of tribal
    - · community of marayoor
    - Conducted summer camp at karimadam colony