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DATE OF BIRTH AND AGE: 16.12.1989,32 as of January 2023

COMMUNICATION ADDRESS: Madathiparambil House, Engineering College Po, Thrissur  
680009, Kerala, India

#### EDUCATION

2007 MBBS, Calicut University  
2015 M.S Kerala University of Health Sciences  
2020 Mch Plastic Surgery, JIPMER

#### MEMBERSHIP IN

- a. Life Member of the Association of Surgeons of India
- b. PODIATRY ASSOCIATION OF INDIA

AREAS OF INTEREST: Microvascular Reconstruction, Onco Reconstruction,  
Diabetic foot reconstruction, Lymphedema reconstruction

#### FIRST AUTHOR- PUBLISHED

1. Role of Pan Tilt Camera in Tele mentoring During Covid-19 Crisis Neljo Thomas, Ravi Kumar Chittoria, Saurabh Gupta, Chirra Likhitha Reddy, Padmalakshmi Bharathi Mohan, Shijina K, Imran Pathan.

<https://Dx.Doi.Org/10.21088/Ijmhs.2347.9981.6119.3>

2. Thomas N, Chittoria RK, Gupta S, Reddy Cl, Mohan Pb, Shijina K, Et Al. Role of Topical Insulin in Venous Ulcer Management. Arch Med Case Rep. 2020; 2(1): 2022.

3. Neljo Thomas, Ravi Kumar Chittoria, Padma Lakshmi Bharathi Mohan, Shijina Koliyath, Role of Hand-Held Low-Level Laser Device in Treatment of Lymphedema Our Experience, International Physiology.2020;8(3):12-13

4. Neljo Thomas, Ravi Kumar Chittoria, Chirra Likhitha Reddy et al. Role of Modified Egg Membrane in Wound Healing. RFP Journal of Dermatology 2020; 5(2):51–53.

5. Thomas N, Chittoria RK, Gupta S, Reddy Lc, Mohan Pb, Pathan I, Et Al. Role of Topical Sucralfate Therapy In Non-Healing Ulcer. Clinsurg J. 2020;1(4):1–2.

6. Thomas N, Chittoria RK, Gupta S, Reddy Lc, Mohan Pb, Pathan I, Et Al. Role of Prolotherapy In

Amputation Stump. *Clinsurg J.* 2020;1(4):1–3.

7. Ravi Kumar C, Thomas N Et Al. Role of Topical Sucralfate Therapy In Non-healing ulcer. *Clinsurg J.* 2020;1(15):1–2

8. Thomas, Neljo, Ravi Kumar Chittoria, Shijina K.; Role of Topical Cholecalciferol (Vitamin D3) In The Management Of Electric Burns; *South East Asia Journal Of Medical Sciences [Online]*, 4.4 (2020): 20-22. Web. 26 Oct. 2020

9. Thomas N, Chittoria RK, Gupta S, Reddy Cl, Mohan Pb, Shijina K, Et Al (2020). Role Of Artificial Intelligence (AI) In Plastic Surgery. *Suntex Rev Surg* 1(1): 102.

10. Chittoria RK, Mohan PB, Imran, Shijina K, Thomas N, Nishad K Role of silver nanoparticle impregnated SilvoGuard® urinary catheter in the management of CAUTI: A pilot study. *IP Int J Aesthet Health Rejuvenation* 2021;4(2):21-3

11. Neljo Thomas, Ravi Kumar Chittoria, Saurabh Gupta Et Al. / Role of Low-Level Laser Therapy (LLLT) in Amputation Stump, *Journal Of Plastic Surgery And Transplantation/ Volume 2 Number 1 / January–June 2020*

12. Thomas N, Chittoria RK, Gupta S, Reddy CL, Mohan PB, Pathan I. Role of sucralfate in electric burns management: A Case Report. *Journal of Society for Wound Care Research.* 2019 Jan 1;12(1).

13. Role of low-level laser therapy in alopecia - IP innovative - Dr. Neljo

14. Chittoria RK. Neljo Thomas Use of Topical Minoxidil in Latissimus Dorsi Flap– Our Experience. *Med J Clin Trials Case Stud* 2020, 4(5): 000270.

15. Chittoria RK. Application of Innovative Soft Compression Bandage Technique in Amputation Stump Dressings – Our Experience. *JPST* 2021; 3(1): 11-13.

16. Chittoria RK. Role of Tape Tarsorrhaphy in Preventing Ectropion in Facial Burns –Our Experience. *JPST* 2021; 3(1): 15-16.

17. Thomas N, Chittoria R K, Mohan P B, Koliyath S, Pathan I, Kerakkada N, Role of allo trilaminar dermal regenerative template in management of burns. *IP Indian J Anat Surg Head Neck Brain* 2021;7(3):88-90

18. Thomas N, Chittoria R K, Mohan P B, Pathan I, Kerakada N, Reddy C L, Role of Non-Suction Epidermal Blister Grafting (NSEBG) in wound management. *Int J Aesthet Health Rejuvenation* 2021;4(1):14-16

19. Thomas N, Chittoria R K, Mohan P B, Pathan I, Kerakada N, Reddy C L, Role Of Er-YAG In Split Thickness Skin Graft *Journal Of Global Public Health* 2021;3(1):9-11

20. Thomas N, Chittoria R K, Mohan P B, Pathan I, Kerakada N, Reddy C L (2020). Role of Continuous Irrigation Suction (CIS) System in Wound Bed Preparation. *Medical Journal of Clinical Trials & Case Studies.* 4.10.23880/MJCCS-16000275.

#### AWARDS AND CONFERENCES ATTENDED

‘BEST PAPER PRESENTATION’ in International Podiatry Day-2022 held on 8<sup>th</sup> October 2022 in Dept. of Plastic Surgery, JIPMER

Presented Paper in IPACON 2021

Presented Paper in TANPAPS 2022

## EXPERIENCE

Worked as Specialist Senior Resident in Dept of Plastic and Microvascular Reconstruction Surgery, TATA MEMORIAL HOSPITAL, MUMBAI for 11 months

Worked as an Independent Plastic Surgeon performing microvascular reconstruction at Tata Memorial Hospital, Vishakhapatnam for 2 months