



## PROFILE

Organised and responsible graduate in nursing who seeking new opportunities to join a team of dedicated nurses committed to providing the highest standard of patient care and to leverage my knowledge and experience in nursing to provide excellent patient care.

## CONTACT

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## HOBBIES

Cultural engagement  
Reading  
Traveling

## LANGUAGE

English  
Malayalam  
Kannada  
Hindi

# APARNA M S

## BSc. Nurse

### EDUCATION

#### RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES KARNATAKA

2019 - 2023  
BSc. Nursing First class

#### OLIVE PUBLIC SCHOOL (CBSE)

2017 - 2019  
Higher secondary education 70%

#### OXFORD ENGLISH MEDIUM SCHOOL PERUMPADAVA (CBSE)

2016 - 2017  
SSLC 94%

### WORK EXPERIENCE

**Internship:** Aj Hospital and Research Centre, Mangaluru -Operation Theatre  
Completed 3months of internship in operation theatre in Aj hospital

**Group research:** A study to assess the effectiveness of music therapy on anxiety among patients undergoing cardiac catheterization in selected hospitals at Mangaluru, done in 2023

### WORKSHOPS AND SEMINARS

- 1) Attended JeevaRaksha-Emergency Nursing and Life Support (ENLS) Course conducted by Rajiv Gandhi University of Health Sciences and Swami Vivekananda Youth Movement's Initiative, 2023
- 2) Attended the south region workshop of Untangle the Threads of CLINICAL NURSING RESEARCH for better health care conducted by Nursing Research Society Of India,2023
- 3) Participated in EUDIMONICA (Embracing a better outlook towards Nurse Wellbeing and Client Safety Organised by laxmi memorial college of nursing, 2023
- 4) Attended one day workshop on "Design yourself" conducted by laxmi memorial college of nursing, 2020

### SKILLS

- ✦ Effective communication
- ✦ Mental strength and physical stamina
- ✦ Problem solving skills
- ✦ Ethical practice
- ✦ Team player
- ✦ Time management