

# **Jincy Maria John**

Manampurath Palamoottil Kuttemperoor P.O Mannar, Alappuzha, Kerala.

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## **Objective**

To achieve success & knowledge in Modern Health Care field & to strive hard for career development there by benefiting the institution & serve to the best of my ability.

#### **Experience**

Sumitra Hospital

17/08/2022 - 02/10/2023

Staff Nurse

Sumitra Hospital is a multi-speciality 100 bedded NABH accredited hospital providing comprehensive medical care, offering advanced medical and surgical care with high quality of standard to all strata of society since in 1987.

#### Education

• Santhiram College of Nursing , NH-40, Nandyal -518 501, Kurnool Dist. Andhra Pradesh
Bachelor of Science In Nursing
70%

 Govt. Higher Secondary School, Budhanoor, Alappuzha, Kerala Higher Secondary 84% 2017

Nair Samajam Girls High School, Mannar, Alappuzha, Kerala.
 SSLC

2015

## Skills

- Tracking patient vitals
- · Emergency medical care
- Patient safety protocols
- Educating patients and families after discharge.
- Mental strength and physical stamina.
- Problem-solving skills
- Critical Thinking
- Leadership
- Effective Communication

#### **Interests**

- Photography
- Reading
- Drawing
- Music
- · Participating in community activities.

## Languages

• • English • Hindi • Malayalam

#### **Personal Details**

Date of Birth : 07/02/2000
Marital Status : Single
Nationality : Indian
Religion : Christian
Gender : Female

#### Reference

• Mrs. Saraswati Yadav - Sumitra Hospital

Nursing Superintendent 96256 07377

· Ms. Neetu Sachan - Sumitra Hospital

Department Incharge (ICU) 93150 12307

#### **STRENGTHS**

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- Ability to work accurately and pay attention to details.
- Good problem solving and leadership skills.
- Self-motivated, committed, creative and willing to take responsibility.
- Ability to deliver results and handle pressure.

## **DUTIES AND RESPONSIBILITIES**

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- Performing professional nursing care in relating to treatment and welfare of the patients
- Foster good nurse patients relationship
- Preparing and assisting the physician and surgeon for any procedures that the client requires.
- Implementing and evaluating the planned actions.
- o Maintain all stocks that are available for the smooth running of the unit
- Ensure that all rules and policies of the hospital are being applied
- Recording and reporting of the conditions of the client.

#### TYPE OF CASES AND PATIENTS

CVA

MΙ

COPD

CKD

AKI

CLD

CAD HTN

DM

Shock

Cardiac Arrest

**ARDS** 

SAIO

Seizure

Poisoning

Hemoptysis

ICH

Septicemia

Diabetic ketoacidosis

Gastrointestinal bleeding

#### **PROCEDURES WE DO**

• Emergency Resuscitation

Cardioversion

Suction (Oral, Nasal, Tracheostomy, ET Tube)

Ryles Tube Insertion

Foley's Catheterization

Arterial Blood Gas Analysis

Care of Unconscious Patients

Maintenance of Personal Hygiene

Mouth Care

**Back Care** 

Foley's Care

Eye Care

Sponging & Bleeding

Taking & Recording Vital Signs

**ECG** Monitoring

Oxygen Administration

Wound Dressing

Nasogastric Feeding

Gastric Lavage

**Blood Sugar Monitoring** 

Care of Equipment

**Holter Monitoring** 

Maintaining Records & Report

Administration of Oral Medications

**Total Parentral Medication** 

Intravenous Fluids

**Blood Transfusion** 

Bladder Irrigation

Suture Removal

Steam Inhalation

Nebulization

Dead Body Packing

## **PROCEDURES ASSISTED**

Intubation

Mechanical Ventilation

Airway Management

**CPR** 

Central Venous Access

**Arterial Line Access** 

Intravenous access

Echocardiogram

Ultrasound

Paracentesis

Percutaneous drain insertion

Chest drain insertion

Tracheostomy

Pleural Tapping

**Urinary Catheterization** 

NG Tube & RT Tube Insertion

### **EQUIPMENT FAMILIAR WITH**

Monitor

Defibrillator

Ventilator

Pulse Oxymeter

Suction Apparatus

Portable Monitor

Infusion Pump

Syringe Pump

Thermometer

Oxygen Cylinder

Nebulizer

Ambu Bag

**BIPAP** 

Laryngoscope

Crash Cart

Glucometer

# **Main Duties And Responsibilities**

• MEDICAL ICU: Consists of 14 beds and one nurse is assigned to two patients. Patient comes directly to Medical

ICU and will be on continuous monitoring and close observation. Duties and responsibilities include preparation of unit and total care of patient.

# **Professional Registration**

 Name of the council: Kerala Nurses And Registration number: KL04202302814 Date of Registration: 29/07/2023

Midwives Council