



### **PROFILE**

Dental doctor seeks to use skills and knowledge to assist your hospital/clinic in a consultant role.

### **ADDRESS**

Puramugalil house  
Cusat P. O.  
Thrikkakara  
Haritha Nagar Cross Road II  
Ernakulam Kerala  
682022



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drsinusebastian@gmail.com

### **LANGUAGES KNOWN**

English, Malayalam, Hindi

# **Dr. SINU SEBASTIAN**

## **BDS [Govt.Dental College Thrissur]**

### **CAREER OBJECTIVE**

Looking for a position in a hospital and/or dental clinics where I could excel and contribute to the overall development of the hospital/clinic and the community I serve.

### **REGISTRATION**

KDC 28720 [KERALA DENTAL COUNCIL]

### **EDUCATION**

BDS

Govt.Dental College,Thrissur [2015-2020] [65.02%]

Kerala University of Health Sciences [KUHS]

### **WORK EXPERIENCE**

1<sup>st</sup> September 2021 onwards

General Dentist

STRONG ROOTS DENTAL CLINIC

Kacheripady, Ernakulam, Kerala

- Examining patients, interpreting radiographs and diagnostic tests to determine the type and extent of dental diseases.
- Monitoring patients and maintaining patient records in the clinic.
- Patient management, education & communication.
- Performing X-rays and diagnosing oral problems.
- Knowledgeable in assessing radiographs like IOPAR, PAN, CEPH,CBCT,CT,Bitewing etc.
- Restoring the form and function of carious, fractured or otherwise defective teeth using composite, GIC, amalgam, inlay, onlay, overlay,crowns.
- Root canal treatment, post &core build up.
- Perform molar RCT and difficult cases of RCT under supervision.
- Tooth preparation to receive crowns & bridges.
- Fabrication of complete dentures and removable partial dentures.
- Supragingival/subgingival scaling, and root planning.
- Educating patients on issues regarding preventive maintenance of mouth, teeth, gingiva. This includes informing them of the proper way to brush teeth and use dental floss, as well as how dietary choices affect their dental health.

- Extractions [surgical/non-surgical], placing and removing sutures.
- Incision and drainage
- Knowledge about different suturing techniques, know to handle different suturing materials.
- Diagnosing different oral lesions and providing drug therapy in initial stages. Referral in case of complex cases.
- Impression making using alginate, elastomers, impression compound.
- Bleaching of teeth
- Pediatric extractions and restorations.
- delivering myofunctional appliances, space maintainers, stainless steel crowns under supervision.
- Topical fluoride application to prevent caries and sensitivity.
- Removable orthodontic therapy, delivering clear aligners under supervision.
- Assisting senior dentists in performing surgical procedures.
- Use endomotor and magnification loop under supervision.

**22<sup>nd</sup> June 2021 – 07<sup>th</sup> August 2021** Non-Academic Junior Resident [NAJR]  
**Primary Health Centre, Thrikkakara**

- Dental consultation and covid duty

**8<sup>th</sup> May 2021 – 21<sup>st</sup> June 2021** Non-Academic Junior Resident [NAJR]  
**Govt. Dental College Thrissur**

- Saw 50-100 patients per day.
- Patient education, management, communication.
- Health education
- Casualty management,
- observation/assistance in major and minor surgical procedures,
- extractions, suturing,
- CD/RPD/FPD,
- pediatric extractions and restorations,
- RCT, restorations,
- bleaching,
- supra/subgingival scaling and root planning, air polishing.
- removable orthodontic appliance therapy.
- used CT, CBCT, PAN, IOPAR, Occlusal for diagnosis and treatment planning,
- observed special cases.

- Saw 50-100 patients per day.
- Patient education, management, communication
- Health education.
- Performed casualty management [54 cases], minor surgical procedures [12]
  - like closed reduction+IMF, alveoloplasty, direct wiring etc.
- Assisted minor surgical procedures like zygoma elevation under LA, incision biopsy, excision biopsy, cyst enucleation, mucocoele excision, surgical removal of impacted/supernumerary teeth, apicectomy, alveoloplasty, closed reduction+IMF.
- Observed minor surgical procedures like zygoma elevation, incision biopsy, excision biopsy, apicectomy, surgical removal of impacted/supernumerary teeth.
- Observed and assisted major surgical procedures
  1. ORIF UNDER GA [Mandibular angle #]
  2. ORIF UNDER GA [condylar, parasymphysal #]
  3. ORIF UNDER GA [parasymphysal #]
- Extractions
- Performed various suturing techniques like interrupted, continuous, continuous locking, figure of eight, subcuticular etc with different suturing materials like silk, vicryl, ethilon etc
- Complete dentures, removable partial dentures, denture relining, splint, surgical stent for alveoloplasty, tooth preparation for FC/JC/FPD, crown cementation.
- Restorations [composite, GIC, AF, TF, IRM], RCT/ReRCT anteriors and premolars, selective grinding, bleaching
- Performed pediatric extractions and restorations.
- Orthodontic removable appliance therapy
- Supra/subgingival scaling and root planing.
- Observed special cases like OSMF, Ca tongue/palate/buccal mucosa, DLE, viral stomatitis etc
- Used CT, CBCT, PAN, IOPAR, Occlusal for diagnosis and treatment planning
- Was part of covid duty, performed covid tests [Antigen, RTPCR, TRUNAAT]