



ANU KRISHNAN

Registered Staff Nurse | APC | AHPRA

PROFILE SUMMARY

Compassionate & Certified **Registered Staff Nurse** with over **10.3 years of experience** providing nursing care to patients in **Neurosurgical ICU, Urology ICU, Gynecology & HDU**. Familiar about EMR charting, medication administration & interdisciplinary collaboration focused on delivering best patient care & support. Meets responsibility in patient safety, medication safety, coordination of care, & prioritization with unique personalized care.

Possess excellent patient management, social & communication skills. Looking to obtain a position as a **Registered nurse** ensuring quality patient care, utilizing my assessment, and therapeutic communication skills, and securing the nursing code of ethics.

PROFESSIONAL EXPERIENCE

Registered Nurse

Life Line Hospital, Kerala India	Medical Surgical Ward	Sep 2020 – Aug 2023
Sabah Maternity Hospital, Kuwait	Maternity Ward	May 2017 – Mar 2020
Sabah Urology Kuwait	Urology ICU	Mar 2015 – May 2017
VKG Nursing Home, Kerala, India	Clinical Staff	Sep 2013 – Oct 2014
Care Hospital, Hyderabad, India	ICU	Dec 2010 – May 2012

CORE COMPETENCIES

- Patient Care Planning & Assistance
- Physical Assessment & Analysis
- Patient Condition Rehabilitation
- Emergency & Critical Care Treatment
- Pain Management & Treatment
- Medical Records Documentation
- Robotic Surgical Assistance
- Patient Mentoring & Counseling

- **Assess the complete physical & mental health status** of patients, monitoring & recording vitals & patients' medical history, monitoring of infection control & opportunity occurrence reports.
- Offer **post-surgical assistance** & providing long term & short-term **nursing care & medication** to patients.
- Monitor & record **admission & discharge of patients** & maintained proper documentation.
- Performed **accurate & complete vitals, screening**, specimen collection, phlebotomy, EKGs, glucometer.
- Ensure all safety standards are met especially while dealing with emergency cases.
- Other nursing duties like respiratory administration, ECG monitoring, first aid, medication care, nebulization, IV fluid, Blood transfusion, wound care, emergency care, Bowel wash etc.
- Actively participated in the development & implementation of **individual treatment plans** for patients

+917736082764

veenaajith999@gmail.com

Date of birth: 01-03-1989

Nationality: Indian



BACHELOR

Bachelor of Science in Nursing 2010
Sri Devi College of Nursing, Karnataka

MEDICAL REGISTRATIONS

- Karnataka Nursing Council
- Kuwait Nursing Council
- Kerala Nursing Council

EQUIPMENTS HANDLED

- ECG machines, BP Machine
- Bladder scanner, Patient Trolleys
- Percussion hammer, Traction equipment
- Insulin & Intravenous pumps
- Stethoscope, Pulse Oximeter
- Tympanic thermometer
- Laryngoscope, Glucometer
- Urine dipstick machine.
- Suction machine & Catheter
- Manual & electric wheelchairs
- Walkers, crutches & canes
- Stretchers & pat slides
- Manual handling equipment such as hoist and lifting slings.

TRAININGS ATTENDED

- BLS (Basic Life Support)
- Automated External Defibrillator (AED)

COMMUNITY ENGAGEMENT PROJECTS

- Awareness session on **overall health & wellness practices, especially during the Covid – 19 Phase.**

Administrative duties include:

- **Overseeing & Supervising daily activities, managing & leading a team of nurses, ensuring** coordination of all formalities including admission, bed management & discharge procedure.
- **Administering medications, managing the supervision** of medical equipment's, inventories & reports.
- **Orientation & training** of new trainees, workshops on mental & Physical health

MAJOR CASES HELD

- Subarachnoid Hemorrhage (SAH)
- Cranioplasty, Craniotomy
- Lower Segment Caesarean Section (LSCS)
- Intrauterine Fetal Demise (IUFD)
- Percutaneous Nephrolithotomy PCNL
- Transurethral resection of bladder tumor (TURBT)
- Transurethral resection of the prostate (TURP)
- Erectile Dysfunction, Prostate Cancer
- Kidney Stones & bladder irrigation
- Subdural Hematoma (SDH)
- Burr hole, Subdural drain.
- Uterine fibroids
- Dilation & curettage (D&C)
- Hydrocele
- Vasectomy, Circumcision
- Robotic Surgeries
- Urinary Tract Infection (UTI)
- Benign Prostatic Hyperplasia

MODALITIES HANDLED

- Defibrillation, NG tube insertion, Catheterization
- Blood sample & medication administration
- Cardiopulmonary Resuscitation
- ECG, bladder scan & cardiac monitoring
- Intravenous medication such as antibiotics, antiviral, etc.
- Oxygen administration by using a nasal cannula, venturi mask, face mask & nonbreathing mask.
- Sample collection from catheters, and midstream urine collection
- Wound Care & Dressing
- Intravenous Cannula
- Nebulization & Intubation
- Blood transfusion & culture

ACHIEVEMENTS