

# Aleena Glory Thomas

Social Worker. Academic Counsellor. Welfare Officer



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📍 Vadayattukunnel (H) Vellarikundu  
(PO) Kasargod

🇮🇳 Indian

**in** Aleena Glory Thomas

👤 Single

## Profile

Confident postgrad in social work committed to empowering individuals and communities. Passionate about academic counseling and welfare advocacy. Determined to positively impact the well-being and education of those in need.

## Professional Experience

**Field Supervisor**, *Society For Promotion of Youth and Masses*

2023 Jun – 2023 Dec  
Kerala, India

- Coordinated field team to optimize individual performance
- Reported directly to the field agency for streamlined communication
- Ensured accurate and timely data collection for informed decision-making
- Achieved rewarding results through efficient coordination and reporting

**Psychiatric Social Work Trainee**, *Sacred Heart Hospital*

2023 May  
Thodupuzha, India

- Assessing the psychosocial needs of individuals with mental health issues is crucial.
- Providing education and support for both clients and their families can help them understand mental health conditions and coping strategies
- Case studies and mental status evaluations helped me to create personalized treatment plans.
- Aversion therapy can help individuals overcome specific challenges.
- To assist individuals in attaining their mental health objectives.

**Medical and Psychiatric Social Work Trainee**,

*Dr.Susheela Tiwari Government Hospital*

2022 Sep  
Haldwani, India

- Being a part of multidisciplinary teams to understand the present condition and psychosocial needs of patients
- Accustoming the government policies regarding healthcare and spreading awareness for the same
- Assistance to Public Relations officer regarding patient care and employee satisfaction regarding the hospital
- Publications of facilities accessible to the general public concerning the Hospital

**Social Work Trainee**, *Alpha Pain and Palliative Care*

2022 Mar  
Kochi, India

- Visiting patients and their families at home and in hospice care, assessing their psychosocial needs with a multidisciplinary team, and welcoming new patients as volunteers.

**Social Work Trainee, Kerala Interstate Migrants Alliance for Transformation**

2021 Nov – 2021 Dec

- Conduct awareness classes to uplift migrant workers in Kerala, especially in Kochi, Aluva, and Angamaly.
- Provide hospital assistance to migrant workers and help them understand government policies and benefits.
- Organize medical camps and assist them in accessing legal aid and understanding their rights.
- Offer basic teaching lessons for the children of migrant workers.

Kochi, India

## Education

**Master of Social Work, St. Alberts College**

2021 Oct – 2023 Apr

Medical and Psychiatry as an elective obtained a score of 3 CGPA

Ernakulam, India

**Bachelor of Arts, St. Thomas College**

2018 Jun – 2021 Jul

Double Major in English Language and Literature and Communication Studies with a score of 7.5 out of 10

Palai, India

## Languages

- English
- Hindi
- Malayalam

## Skills

- Powerpoint
- Computer Literacy
- Communication
- Adaptable
- Team Work

## Interests

Chess