

CURRICULUM VITAE

Name : Dr Anitha M Rose

Age / Sex : 42 years / Female

Date of Birth : 22/05/1981

Address :

Dr Anitha M Rose
C/O Dr Jacob D John
51/511 - A, Naduvilepurackal House
Vyloppally Lane, Thykudom, Vyttila P.O, Vyttila
Ernakulam, PIN 682019

Qualification : MBBS, DNB Family Medicine, Post Graduate Diploma in Geriatrics -Trainee

(Presently doing Post Graduate Diploma in Geriatrics from CMC Vellore, distance education department. The course is completing in March 2024.)

TCMC Registration No. : 35247, April 2006

Mobile Number : 8974387860, 8547086688

Email ID : jacobanitha123@gmail.com

Languages known : Malayalam, Hindi, English (Speaks and writes)

: Kannada, Tamil and Nagamese (speaks)

Marital Status : Married

Spouse : Dr Jacob D John, Paediatrician

Work Experience : worked as a junior medical officer and family physician in Kerala and few north and northeastern parts of the country since 2006 to 2020.

Education Details

Passed SSLC : 1996, Vimala Matha High School, Kadalikkadu, Mangalore panchayat, Muvattupuzha Block. Mangalore panchayat, Muvattupuzha Block.

Passed Pre Degree : 1998, St Joseph's College, Moolamattom,

Idukki

Passed Final MBBS : 2004 November, Govt. T.D Medical college,

Alappuzha

Completed CRR : 2006 March, Govt. T.D Medical College,

Alappuzha

Passed DNB Family Medicine : 2016, Christian Institute of Health Sciences

And Research, Dimapur, Nagaland

Work Experience – 169 months (14 years)

1. Junior Medical officer – 56 months (4 years and 7 months)

- 2006, May onwards, 3months at Holy family Hospital

Muthalakodam, Thodupuzha Idukki,

- 2006, November to 2007 May 4, completed 6 months of compulsory rural service at CHC Vadavukodu, Ernakulam,

- 2007 May 21st to 2009 April, 23 months at Landour community Hospital, Mussoorie, a unit of EHA, Uttarakhand. Additional independent responsibility of Obstetrics and Gynaecology department in conducting routine ANC, normal and vacuum deliveries, post natal care and managing routine gynaecology patients.

- 2009 June To December – 7 months, freelancing for school health services, medical camps in places near to Mussoorie, Uttarakhand

- 2011 March to 2012 March – 1 year, worked in own private clinic
at Narendranagar, Uttarakhand

- 2012 April to September, 5 months at Landour community
Hospital Mussoorie, a unit Of EHA, Uttarakhand.

2. DNB residency as junior Resident – 3 years – (36 months)-

- September 2013 to September 2016, 3 years of family medicine
residency at Christian Institute of Health Sciences and Research,
Dimapur Nagaland, an institution with tri party ownership by
Nagaland Government, CMC Vellore and Emmanuel hospital
Association, New Delhi.

3. DNB family Medicine Specialist - 76 months - (6 years and 3 months)

- 2017 May 15 to 2019 February, 23 months at Dr Bidari's Ashwini
Hospital, Bijapur, Karnataka. Worked along with cardiologist and
cardiothoracic surgeon in Cardiac critical care unit and
Cardiothoracic surgery unit

- 2019 May to 2019 September, 4 months, at GEMS Multy Specialty
Hospital, Sikaria, Dehri, On Sone, Rohtas District, Bihar

- 2019 October 3rd to 2020 September 16th, 11 months, at St Mary's
Hospital Bazpur, Uttarakhand.

- December 14th 2020 - February 15th, 2024 - Providence hospital Thumboli, Alappuzha - 38 months

Post Graduate Thesis : A cross sectional study of Prevalence of Relapse of Pulmonary Tuberculosis following DOTS therapy among patients attending a secondary care hospital in Dimapur Nagaland.

Membership : Life Member of Academy of Family Physicians of India