



**GRACEMOL JOY**

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*Career enrichment opportunities in staff nurse with an organization of high repute.*

### SYNOPSIS

- ↻ Bachelor of Nursing from Mahatma Gandhi University Kottayam Kerala in 2013
- ↻ Possess strong communication skills along with analytical and logical abilities.
- ↻ Skilled in developing, implementing and maintaining methods, sequence and processes.
- ↻ Have been proactive and focused as student. Possess a flexible & detail oriented attitude

### EDUCATIONAL CREDENTIALS

- ↻ **Bachelor of Nursing**  
Mahatma Gandhi University- Kottayam Kerala [Year 2013]
- ↻ **HSE(Higher Secondary Education)**  
Board of Higher Secondary Education – Government of Kerala [Year 2009]
- ↻ **SSLC (Secondary School Education)**  
Board of Higher Secondary Education – Government of Kerala [Year 2007]

### HOSPITAL EXPOSURE

- ↻ Fundamentals of Nursing : Samaritan Hospital Pazhanganad, Kerala
- ↻ Medical & Surgical Nursing : Samaritan Hospital Pazhanganad, Kerala  
Lissie Hospital Ernakulam, Kerala
- ↻ ENT : Samaritan Hospital Pazhanganad, Kerala
- ↻ Kidney, Neuro : Samaritan Hospital Pazhanganad, Kerala/Lissie Hospital
- ↻ Mental Health Nursing : Ayroorpadam Mental Hospital, Kerala/  
Bethsaida Hospital Ernakulam, Kerala
- ↻ Child Health Caring : Samaritan Hospital Pazhanganad, Kerala
- ↻ Oncology Nursing : Caritas Hospital Kottayam, Kerala.

- ↻ Community Health Nursing : Primary Health Centre Kumarapuram, Kerala  
↻ Maternity Nursing : Samaritan Hospital Pazhanganad, Kerala.  
Dhanya Hospital Chalakudy.

## CAREER FEATURES

- ↻ **Worked as a Staff Nurse in renal transplant unit with M/s Sterling Hospital from June-23-2014 to November -18-2015,Ahmedabad-Gujarat**

Domain: *Sterling established as a multistage tertiary care hospital in 2001, Sterling Hospital is today the market leader in private chain of super specialty hospitals across Western India. It is owned and managed by Sterling Add life India Ltd.*

- ↻ **Currently working as a staff nurse in Hridya Multi Speciality Clinic Kakkanad Since August 2022.**

*Domain: working under Dr Vinod Thomas MD,DNB,DM,DNB,FSCAI, FESC Senior interventional cardiologist. And Dr Cyriac Mathew MBBS.*

## PATIENT CARE RESPONSIBILITIES

- ↻ Maintenance of good nurse patient relationship.
- ↻ Patient assessment, reassessment and nurses notes.
- ↻ Checking the vitals of patient every hour along with the date and time. (Blood pressure, pulse, respiration, temperature and pain assessment).
- ↻ Management of intravenous fluids and inotropics (dopamine infusion, dobutamine infusion, N.T.G, cordarone infusion, Lasix infusion).
- ↻ Collection of specimen.
- ↻ Prevention of aspiration.
- ↻ Tracheotomy care of the patient.
- ↻ Monitoring CVP.
- ↻ Care of pressure sore.
- ↻ Maintenance of physical, social, physiological, spiritual & rehabilitative needs of the patient.
- ↻ Checking fetal heart beats..
- ↻ Assists for dressing procedure.
- ↻ Pre and post-operative care.
- ↻ Giving IV and IM injections.
- ↻ Urinary catheterization and removing procedure.
- ↻ Patient discharge procedure.
- ↻ Follow up treatment
- ↻ **BLS Certified**

## OTHER RESPONSIBILITIES IN WARD MANAGEMENT

- ↻ Maintaining the drugs and suppliers as per standing orders.
- ↻ Maintaining the equipment in working condition.
- ↻ Maintaining the emergency drugs, equipment at accessible place securely.
- ↻ Transportation of critically ill patients.
- ↻ Barrier nursing
- ↻ Scrubbing, hand washing and isolation precautions.

## EQUIPMENTS USED

- ↻ Cardiac Monitor
- ↻ Defibrillator
- ↻ ECG machine
- ↻ Pulse machine and oximeter
- ↻ Nebulizer
- ↻ Suction apparatus
- ↻ Oxygen cylinder
- ↻ Laryngoscope
- ↻ Ambu bag
- ↻ Sphygmomanometer
- ↻ Infusion pump
- ↻ Pulse oxymeter
- ↻ Glucometer
- ↻ Syringe pump
- ↻ O2 Flow meters
- ↻ BP apparatus

## COMPUTER LITERACY

- ↻ MS Office - **(MS Word, Excel,)**
- ↻ Internet Browsing

## STRENGTH:

- ↻ Interested in learning new skills.
- ↻ Ability to work as an individual and in a group.
- ↻ Commitment to the philosophy of the organization working with.
- ↻ Eagerness to learn.

## PASSPORT DETAILS

Passport no : MO962539  
Place of issue : Cochin  
Date of issue : 14/08/2014  
Date of expiry : 13/08/2024

## PERSONAL DOSSIER

Father's Name : Mr. JOY V.V  
Date of Birth : 4<sup>TH</sup> December 1991  
Sex : Female  
Marital Status : Married  
Nationality : India  
Religion/Cast : Christian  
Languages Known : English, Hindi, and Malayalam  
Resident Address : Valiyaparambil house,  
Sundaragiri Road , SRA-54  
Kalamassery P.O- 683104

**Contact Number : +91 6238115026**

## DECLARATION

I am very hard working and able to excel in an under pressure work environments and hereby declare that the above details are true and correct to the best of my knowledge and belief.

Place: Kalamassery

Date:06-10-2023

**Gracemol Joy**