



NAMITHA B

Information



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CAREER OBJECTIVE

As a Physical Therapist, which allows me to impart the best of my skills for the benefit of my patients and to have a growth oriented and challenging career where I can contribute my knowledge and skills to the organization and enhance my experience through continuous learning.

PROFESSIONAL SKILLS

- Ability to establish a good relationship with patients and their families
- Ability to work in a team
- Willing and eager to learn
- Hardworking and Determined
- Liaising with other health care personnel to ensure effective therapy
- Assess and trat Paedeatric, Orthopaedic and Neuromuscular disorders
- Developing and reviewing treatment programs
- Keep records on the initial evaluation, progress and discharge of clients



EDUCATION

2020 – 2022

**YENEPOYA PHYSIOTHERAPY COLLEGE,
YENEPOYA (DEEMED TO BE) UNIVERSITY**

Master Of Physiotherapy in Paediatrics (MPT)

2015 – 2019

**LAXMI MEMORIAL COLLEGE OF
PHYSIOTHERAPY, RAJIV GANDHI
UNIVERSITY**

Bachelor Of Physiotherapy (BPT)

2015

**ST ALOYSIUS CONVENT ISC SCHOOL,
AFFILIATED TO THE CISCE BOARD**

Higher Secondary

2013

**ST ALOYSIUS CONVENT ISC SCHOOL,
AFFILIATED TO THE CISCE BOARD**

CLINICAL EXPERIENCE

Welcare Hospital Vytila (Present)

12-12-2022

I exercised a calculated and methodological approach to problem solving. I am knowledgeable in pain management and physical rehabilitation with proficiency.

During the course of PG

Attended clinical postings in the various departments of Yenepoya Medical College Hospital (1250 bedded Multispecialty Hospital), Mangalore, Karnataka

Especially in the following departments:

- Paediatric Ward
- Paediatric ICU
- Neonatal ICU
- Physiotherapy OPD
- COVID WARD and ICU

Community Postings:

- Vitla Paediatrics Center
- Chethana Special School, Karkala
- Kumpala Primary Health Center

During the course of UG

Completed 6 months of compulsory rotatory internship in departments of A.J Medical College Hospital and Research Center, A Unit of Laxmi Memorial Education Trust (1000 bedded Multispecialty Hospital), Mangalore, Karnataka.

Attended Rural and Urban area Community Postings

CERTIFICATIONS

Certified course in Manual Therapy (C.M.T) - 2019

RESEARCH ACTIVITY

PG RESEARCH

"Reliability and Validity of translated Malayalam version of Scoliosis Research Society (SRS-30) Questionnaire in Paediatric population."

UG RESEARCH

"To correlate the relationship between muscular impairment, pain and disability in patients with chronic non-specific low back pain."

CONFERENCE AND WORKSHOPS

- Integrated approaches in Paediatrics ,Assessment of Paediatric Disorders,Akkara Foundation (2021)
- Workshop on "Physical Fitness Assessment " organized by Yenepoya Physiotherapy College (2021)
- Physiocon 2017- International Physiotherapy Conference organized by South Canara Teachers Association (2017,2018,2019)

COMPUTER KNOWLEDGE

Expertise in the usage of MS office tools namely Word, Power Point etc and have expertise in using search engine tools and Internet.

LANGUAGES

Malayalam - Fluent

English - Fluent

Kannada - Professional working Proficiency

Tamil - Professional working Proficiency

Hindi - Professional Working Proficiency

PERSONAL DETAILS

DOB - 08/09/1997

Marital Status - Single

Nationality - Indian