



ANITTA JOSE

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PERSONAL DETAILS

Date of birth : 05/09/2001

Gender : Female

Religion : Christian

Caste : RC

Marital status : Single

Nationality : Indian

REGISTRATION

Registered under Karnataka Nurses and
Midwives Council

Reg No. : 19C1929

AREAS OF EXPERTISE

- Patient care
- Patient Education
- Medicine management
- I V Therapy

LANGUAGES KNOWN

- English
- Malayalam
- Hindi & Kannada

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OBJECTIVE

To obtain a suitable position for nursing graduate that allows me to use and expand my current skill set which also mutually encourage the achievement of hospital goals.

EDUCATIONAL QUALIFICATION

Course	Institute	University/Board	Year of Passing
SSLC	Ganapathy Vilasam High School, Koovappady Ernakulam, Kerala	Kerala Board Examination	2017
Plus Two	St.Thomas Higher Secondary School Keezhillam Ernakulam, Kerala	Kerala Board of Higher Secondary Examination	2019
BSc Nursing	Victory College of Nursing Nelamangala	Rajiv Gandhi University of Health & Science	2023

INTERNSHIP :

APPOLLO Hospital Banglore as a Staff Nurse in Nursing Department.

Period : 10/01/2022 to 20/07/2022

Bed Capacity : 250

Designation : Staff Nurse

Specialty : Medical & Surgical Ward

DUTIES AND RESPONSIBILITIES

- Initial and periodical assessment of the patients planning and implementation of care.
- Responsible of giving complete and quality care to patients until discharge.
- Preparation, administration and care of medications, blood and blood products.
- Responsible for documentation is accurate.
- Conducting various procedures including wound dressing, Foley's catheter, Ryle's tube and IV cannula insertion.
- Maintaining proper nutritional status, ventilation and intake and output, recording of laboratory investigations and monitoring vital signs.
- Communicating effectively by written and verbal way to maintain continuity of special care.
- Providing psychological support to the patients as well as the relatives.
- Handling immediate post- operative cases.
- Preparing the patients for various procedures and hemodynamic monitoring.
- Cardio pulmonary resuscitation and administration of oxygen.
- Health Education and maintain a good interpersonal relationship
- Following doctor's rounds.
- Care of dying and care of body after death.

EQUIPMENTS HANDLED

- Pulse oximeter
- Cardiac Monitor
- Portable Monitor
- Laryngoscope
- Defibrillator
- Suction apparatus
- Infusion pump
- Syringepump
- Sphygmomanometer
- ECG Machine
- AMBU Bag
- Nebulizer
- Gluco meter
- Oxygen Cylinder
- Steam Inhaler
- Fluid Warmer
- Weighing Machine

CASES HANDLED

Medial and Surgical Management of

- Pneumothorax, • Aortic aneurysm, • CABG, • Total knee replacement(TKR), • Total Hip replacement (THR), • Pulmonary Embolism, • Hysterectomy , • Nephrectomy, • Cholecystectomy • Appendicectomy, • Sprain and strain • V-P Shunting • Carpal Tunnel Syndrome • Valve replacement surgery • Myocardial infarction • Trachystome.

PERSONAL ATRIBUTES

- Good Communication skills.
- Very good knowledge in medical science updates.
- Accepting all the challenges under own initiatives.
- Excellent leadership quality
- Very good in managing the time
- Ensuring holistic nursing care necessary to the patients.
- Attending continuing nursing education programme.
- Ability to organize and prioritize the works.
- Expert in recording and reporting

DECLARATION

I do hereby declare that all the above mentioned details are true to the best of my knowledge and belief.

ANITTA JOSE