

# DR. DITTO TT

DOCTOR OF PHARMACY

Thrissur, Kerala, India - 680661 | +91 7306964648; +91 9072509777 | dittotoy@gmail.com

## SUMMARY

Committed Pharmacist with experience in hospital, community, and clinic pharmacy environments. Collaborative and customer-focused with a proven ability to partner with multi-disciplinary teams to discuss medications and potential drug interactions. Excellent communication with a passion for educating patients on medication therapies.

## EXPERIENCE

### Clinical Pharmacist Intern

12/2022 to 12/2023

#### ESIC

Bengaluru

- Completed 9 months of internship in ESIC Medical College in several wards including General Medicine, Paediatrics, Orthopaedics, General Surgery, Dermatology, and pharmacy.
- Counseled patients on medications, appropriate dosage, and potential side effects.
- Conducted regular reviews through audits, observations, and risk assessments to provide customer and patient safety.
- Reviewed patient records and lab results, monitoring comprehensive results to inform medication strategy.
- Provided consultations and answered inquiries from patients, healthcare professionals, and physicians regarding drugs, potential side effects, and specified use.
- Provided patient counseling regarding OTC medications.
- Communicated with nursing and medical personnel regarding medication orders or drug therapy issues.

### Clinical Pharmacist Intern

07/2023 to 10/2023

#### Apollo Adlux

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- Conducted regular reviews through audits, observations, and risk assessments to provide customer and patient safety.
- Liaised between medical practitioners and patients to facilitate medication refills and dosage adjustments.
- Informed customers about side effects, correct dosage, and proper storage of over-the-counter medicines.
- Maintained patient medical histories, applying confidentiality standards and privacy legislation when handling records.
- Communicated with nursing and medical personnel regarding medication orders or drug therapy issues.

## SKILLS

- Quality Review Processes
- Medication Safety
- Inventory Coordination
- Clinical Applications

- Patient Education and Counselling
- Discharge Planning
- Regulatory Compliance
- Calculating Doses
- Medication Dispensing
- Problem - Solving Skills
- Analytical Thinking

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## EDUCATION

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| <b>Secondary School</b><br>Vimala Central School, Thanissery        | 2015 - 2017<br>Thrissur, KL  |
| <b>Doctor of Pharmacy</b><br>Acharya & BM Reddy College of Pharmacy | 2017 – 2023<br>Bengaluru, KA |

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## ACCOMPLISHMENTS

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- Attended and organized the International Conference on Advanced Pharmacy Practice (December/2017).
- Attended MPSC at Acharya and B M Reddy College of Pharmacy.
- Completed signal detection and causality assessment: Uppsala monitoring center.
- Completed statistical reasoning and algorithms in pharmacovigilance.
- Completed leadership and program management in the IPC of WHO.
- Completed antimicrobial stewardship program: WHO.
- Completed foresight approaches in global public health: WHO.
- Attended a one-day workshop on the Role of clinical pharmacists in medical emergencies.
- Volunteered for the occasion of the 'National Vaccination Day' celebration conducted by Acharya and BM Reddy College of Pharmacy.
- Participated in an awareness campaign conducted on the occasion of 'National Immunization Day' at Sasivegatta Village organized on March 2023 in association with NSS Cell of Acharya and B M Reddy College of Pharmacy.
- Attended a one-day workshop on the Role of clinical pharmacists in medical emergencies. Implications organized by FCPI.
- Attended a workshop on the "Importance of CPR" conducted by the cardiology department of ESIC Medical College.
- Attended 50+ seminars on various topics as of date (12/2023).

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## LANGUAGES

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|---|---|
| • <b>English</b> - Self-assessment   C2   | • <b>Tamil</b> - Self-assessment   B2   |
| • <b>Malayalam</b> - Self-assessment   C2 | • <b>Kannada</b> - Self-assessment   B1 |
| • <b>Hindi</b> - Self-assessment   A2     |   |

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## PROJECTS & PUBLICATIONS

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- Assessment of Quality of Life in Young Adults with Migraine
- Assessment of Knowledge, Attitude, and Practice of Patients Diagnosed with Urinary Tract Infection  
Published on: Scholars Academic Journal of Pharmacy - SAS Publishers, India

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## HONOURS AND AWARDS

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- Secured 2nd prize in Cricket tournament at ABMRCP and been in the team for 4 years.
- Secured 2nd prize in Photography Competition at Aspiration 2019, PES University
- Achieved 1st place in carrom at ABMRCP sports event (2022)
- Secured 1st prize in football championship conducted by ABMRCP (2019-2023)
- Secured 1st prize in basketball championship conducted by ABMRCP (2020-2022)
- Secured prizes in cultural activities conducted by Acharya Institutes.
- Secured 1st prize for short film Competition at 4th National Pharm D Colloquium (NPC-2023)

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## REFERENCE

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Dr. Laigin Sebastain - +91 7989702868  
Assistant professor  
Acharya and BM Reddy College of Pharmacy

Dr. Geetha Jayaprakash - +91 9449589809  
Assistant professor  
Acharya and BM Reddy College of Pharmacy