

CURRICULUM VITAE



MONISHA C M

D/o. Mohan Das
Chonakkattu House
Perumthotty PO
Idukki - Dist., Kerala - 685515
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POST APPLIED FOR : STAFF NURSE

OBJECTIVE

To pursue a challenging career and be a part of a progressive organization that will provide me with opportunities to enhance my knowledge and skills in field of nursing. I shall deliver my service to the best of my caliber if an opportunity is provided to me.

Personal Profile

Full Name	:	MONISHA C M
Sex	:	Female
Age & Date of Birth	:	24, 30/05/1996
Nationality	:	Indian
Religion	:	Hindu
Blood Group	:	B ⁺
Marital Status	:	Single
Father's Name	:	Mohan Das
Profession	:	B.Sc. Nursing

PASSPORT DETAILS :

Passport Number	:	S5038706
Date of issue	:	31/07/2018

Date of expiry : 30/07/2028

Place of issue : Cochin

Professional Qualification:

<u>Education</u>	<u>Institution / University</u>	<u>Year passing</u>
B.Sc. Nursing	NSG Florance Nightingale Degree College of Nursing, Kadappa NTR University of Health Science , AP , Vijayawada	2013-2017

Academic Qualification:

<u>Education</u>	<u>Institution</u>	<u>Year of Passing</u>
Higher Secondary Education (H.S.E)	AVHSS Kurichi	March 2013
Secondary School Leaving Certificate (S.S.L.C)	St. Johns Nephumsian's HSS, Kozhuvanal	March 2011

WORK EXPERIENCE:

<u>Name of the Hospital</u>	<u>Designation & Department</u>	<u>Duration</u>	<u>Bed capacity</u>
Medanta the medicity Sector 38 Gurgaon, Haryana	Staff Nurse Neurology Ward, Neuro Surgery & Multi Specialty	17/09/2018 To 1/04/2021	1500
Meitra hospital Kozhikode, kerala	Staff Nurse Neurology Ward, Neuro Surgery & Multi Speciality	21/02/2022 To 21/11/2022	220

CURRENT EMPLOYMENT DESCRIPTION :

Medanta the Medicity is a premier Super Multispecialty Hospital in Delhi region of India. It provides international health care to the clients in various major specialties like Cardiac Surgery, Neuro Surgery, Liver transplantation, Kidney transplantation, Hip & Knee replacement

surgery, General Surgery, Orthopedic surgery, Laparoscopic surgery, Plastic surgery, URO Surgery, Onco surgery, Bariatric surgery, gastrointestinal surgery etc.

The hospital has 1500 beds; 45 OTs and 15 ICUs. This is a JCI and NABH accredited hospital. All procedures are being carried out in conformity with JCI and NABH protocol

MEITRA is an advanced quaternary care hospital of international standards located in Calicut. The infrastructure, medical facilities, and clinical services are benchmarked against the world's best hospitals. Spanning 450,000 sq. ft, Meitra hosts **220 individual patients rooms** and suites. The hospital also has **7 high functioning operation theatres** and 52 individual intensive care units and is supported by cutting-edge medical diagnostic equipment.

Meitra has been awarded Best Hospital - Design & Architecture. In addition, the hospital is also accredited by NABH and Green OT.

EXTRA QUALIFICATION:

- ❖ **BLS Course completed (Basic Life Support)**

- ❖ **ACLS Course completed (Advance Cardiac Support)**

Strengths

- ❖ *Willingness to take responsibilities*
- ❖ *Belief in my ability*
- ❖ Hard working and creative
- ❖ Good team work
- ❖ Can be easily adapted to a new environment

Hobbies & Interest

- ❖ Listening to music
- ❖ Interacting with people

Languages Known

- ❖ English , Malayalam, Tamil & Hindi

Professional Registration:

Registered under Andhra Pradesh Nursing Registration Council

Equipment's Used :

12 lead ECG, CVP Monitoring probe, Saturation Probe and Arterial BP Monitoring Central Monitor –Ventilator – (Seimens Servo, 2D Echo- ATL 5000, Infusion Pumps, Defibrillator, ECG Machine, Blood Glucose Meter, Suction Machine, Crash Trolley, ABG Analyzer, Pulse Oxymeter, Laryngo Scope, Nebulizer, Ophthalmoscope, Ambu Bag, Thermometer, B.P. Apparatus, Temporary pacemaker, Suturing materials, Computer and Printer

ASSISTED FOR PROCEDURES :

- ❖ Lumbar Puncture
- ❖ Abdominal Paracentesis
- ❖ Major and Minor wound dressing
- ❖ Intubation
- ❖ Tracheostomy insertion
- ❖ Cardio pulmonary resuscitation
- ❖ Defibrillation

CARE OF PATIENTS WITH :

❖ **Neurological Disorders :**

SDH, Head Injury, ACH, ICH, Meningitis, GBS, Parkinsonism, Meningioma etc.

FUNCTIONAL RESPONSIBILITIES

Assessing, planning and implementing nursing care for the patients accounting to their conditions, education of other patients and relatives, participate in and on job training education activities for nursing personal etc.

PERFORMED TECHNICAL TASK :

- ❖ IV Cannulation
- ❖ Infusions
- ❖ Insertion of Nasogastric tube and tube feeding
- ❖ Minor Dressings
- ❖ Suture removal
- ❖ Administration of medications and injections as per order
- ❖ Drawing of blood
- ❖ Bladder wash
- ❖ Admission & Discharge procedure.
- ❖ Care of Drainage
- ❖ Endo tracheal suctioning
- ❖ Collecting A.B.G.
- ❖ I.V. Cannulation
- ❖ Ryles tube insertion
- ❖ Foleys catheterization

- ❖ Blood sugar monitoring
- ❖ I. V. Infusion
- ❖ Blood transfusion
- ❖ Parental infusion
- ❖ Intra – muscular injections
- ❖ Tracheostomy care

NURSING RESPONSIBILITIES PRACTISED

- ❖ Maintain the highest possible standard of patient care at all times.
- ❖ Perform professional Nursing duties related to the treatment and welfare of patients under the supervision of Head Nurse.
- ❖ Foster good patient / nurse relationship.
- ❖ Maintain patient records and respect patients privacy and confidentiality.
- ❖ Monitor and evaluate nursing care plan.
- ❖ Communicate with other members of the health care team as necessary and maintain good relationship with colleagues and supervisors.
- ❖ Attend study days, Seminars, Meetings and Lecturers and report back effectively to the colleagues and supervisors.
- ❖ Support patient's family by giving proper information about the patient.

- ❖ Care of mainly the following types of case: cardiology, neurology, respiratory and endocrine patients.
- ❖ Administering chemotherapy to leukemia patients.
- ❖ Care of tracheostomy
- ❖ Monitoring patients with the ECG monitors.

REFERENCE:

1.Mr. Vinod Krishnan Kutty

Director of Nursing
Medanta the medicity
Sector 38
Gurgaon, Haryana

2.Mrs.Shaji Payoli

Chief Nursing Officer
Meitra Hospital
Kozhikode
Kerala

Declaration

I hereby declare that the above mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

Date:-

Place:-

MONISHA C M