

# ANAGHA P J

# STAFF NURSE

#### CONTACT

- +91 9048614884
- 💟 anaghajudenegmail.com
- Pappali House, Chembamkandam, Ponnukkara P O Thrissur- 680306

# **EXPERTISE SKILLS**

- Patient safety and well being
- Communication
- Flexibility
- Emergency Treatment Skills

# LANGUAGE

English

Malayalam

Kannada

## INTEREST

🧕 Travelling

# **PROFESSIONAL PROFILE**

Productive and efficient recent graduate nurse with four years of training and education. Seeking a position at your hospital to apply my skills to provide patients with the best care.

# EDUCATION

## **Bachelor of Science - Nursing**

Srinivas University Institute Of Nursing Sciences, Mangalore, Karnataka (2019 – 2023) with 68.40% marks.

# Higher Secondary School Certificate - Science

Govt. Vocational Higher Secondary School, Puthur, Thrissur, Kerala (2017–2019) with 64% marks.

# Matriculation Certificate (CBSE)

St. John's Academy Vettukad, Thrissur Kerala (2016 – 2017) with cgpa 8 /10 .

## EXPERIENCE

#### INTERNSHIP

## Srinivas Institute Of Medical Sciences and Research Center Jan 2023- June 2023

Six months internship at various departments:-

- Midwifery and Obstetrical nursing 240 hours
- Medical surgical nursing (Adults and Geriatrics) 430 hours
- Child health nursing 145 hours
- Mental Health Nursing 95 hours

## **CLINICAL POSTING**

#### Srinivas Institute of Medical Sciences and Research Center Oct 2019-Oct 2023

- Assisted patients with personal care such as bathing, oral hygiene and hair care
- Delivered feeding patients who were unable to feed themselves and documenting oral intake
- Turned and positioned immobile patients while maintaining proper body alignment
- Removed peripheral IV's
- Transported patients to designated areas such as various treatment centers
- Assisted with urinary catheter removal, random blood sugar test, routine urine specimen collection etc.

## ACADEMIC PROJECT

#### NURSING RESEARCH PROJECT:

Effectiveness of an objective structured clinical evaluation (OSCE) among 3rd year B.Sc. Nursing students

#### REFERENCE

Mrs. Rozita Rosario – Srinivas Institute Of Nursing Sciences, Manglore Assistant Professor +91 9008757903

# DECLARATION

i hereby declare that the above information is true to my knowledge and belief. Anagha P J