



**MAHIMA TREESSA
JOSEPH**

**RESPIRATORY
THERAPIST**

Personal Data:

Date of Birth: 23/11/1997

Gender: Female
Nationality: Indian
Marital Status: Single

Address :

Kalappurackal House
Madappally P O
Changanacherry , Kottayam
Kerala, Pin code:686546

Contact Nos.:

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E-Mail:

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Languages Known:

- English
- Malayalam
- Tamil
- Hindi
- Kannada

PASSPORT DETAILS

Passport No : V7180643

Place of issue : cochin

Date of Issue : 14/02/2022

Date of Expiry: 13/02/2032

CURRICULAM VITAE

Objective:

Seeking a position as Respiratory Therapist in any Health Care Industry that can utilize my experience. Certified Respiratory Professional trained to assess, diagnose and treat patients with breathing challenges. Patient problem solver with excellent communication skills and practiced expertise at connecting with patients and earning trust. Works well with full medical term and excels at teaching patients and team members to administer respiratory treatments.

PERSONAL SKILLS

- ❖ Ability to work independently and collectively
- ❖ Quick learner, Highly motivated
- ❖ Good communication skills, observant and always willing to learn
- ❖ Organization and time management, Critical Thinking, Problem Solving, Good Team Player, Interpersonal Skills
- ❖ Life Support System Management, Respiratory Rehabilitation, Aerosol Based Medication Administration, Blood gas sampling and analysis, Patient education, Equipment and device monitoring,
- ❖ Artificial Airway Management, Lung capacity assessment, Vital Sign assessment, Reading chest Xray, Spirometer Reading, Tracheostomy Care, Bronchoscopy assisting and cleaning.

EDUCATIONAL QUALIFICATION

- ❖ SSLC St. Anne's HS Changanacherry (2014) (Scored 78%)
- ❖ Plus Two GHSS Changanacherry (2017) (Scored 68%)

PROFESSIONAL QUALIFICATION

- ❖ BSc Respiratory Care Technology: Respiratory Therapist – Narayana Hrudayalaya Institute of Medical Science, Karnataka (2017-2021) (Scored 76.3%)

WORK HISTORY

- Apollo Hospitals Greams Road Chennai, Tamilnadu, India
- Thiruvalla Medical Mission Thiruvalla, Kerala, India

HOBBIES

- Painting
- Drawing
- Craftworks
- Cooking
- Learning new languages
- Singing

- Kauvery Hospital Konappana Agrahara, Electronic city Bangalore, India

ROLES AND RESPONSIBILITIES

- Well trained in assisting PERCUTANEOUS TRACHEOSTOMY, ENDOTRACHEAL INTUBATION AND EMERGENCY SITUATIONES, BRONCHOSCOPY, EBUS, PLEUROSCOPY, CHEST TUBE INSERTION, ICD care and management, Pulmonary rehabilitation.
- Improvise strategies in preventing Ventilator Associated Pneumonia (VAP)
- Perform SPIROMETRY, DLCO, LUNG VOLUMES, FENOMETRY, SIX MINUTE WALK TEST, IOS
- Assisting Skin Prick Test
- Chest X ray interpretations, ABG Sampling and interpretation
- TRACHEOSTOMY STOMA SITE CARE
- Involved regular ward follow up of ICU patients
- CODE BLUE Team (Well trained in BLS and CPR), PARTICIPATION AND POST CARDIAC ARREST MANAGEMENT
- Monitored patients physiological responses to therapy and medication
- Provided comprehensive care to improve and strengthen patients respiratory functions
- Monitored patient reaction to drugs and carefully documented findings
- Initiating antibiotics, bronchodilators and anti inflammatory medications with hand- held nebulizers, metered- dose inhalers and positive pressure equipments
- Provided emergency care to patients. Assessed diagnosed and treated breathing issues

EQUIPMENTS HANDLED

- Ventilators – DRAGER, CARESCAPE, MAQUET, MINDRAY, ENGSTROM, HAMILTON, BELLA VISTA, PURITIAN BENETT, RESMED ASTRAL 150
- High Flow (AIRVO) initiation and management
- NIV include NIPPV, STELLAR (RESMED), VIVO, PHILIPS (Respironics)
- Bronchoscope – OLYMBUS, EBUS, VANTHIN (Disposable scope)

DECLARATION

I do hereby declare that the above mentioned information are true, correct and complete to the best of my knowledge and belief.

MAHIMA TREESSA JOSEPH

Place:

Date:

