

# ARCHANA SAJITH



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📍 VARNAM KAKKUZHIPARAMBATH M  
UTTUNGAL WEST PO KAINATTY, VA  
DAKARA

## 🚀 SKILLS

Communication

Leadership

Ms office

Basic computer knowledge

Community mobilization

Hardworking

Willing to learn

Honesty

## 🧩 ACTIVITIES

Tribal Rural camp 10 days camp at  
vellarikaya tribal colony Addressed the  
needs of people Conducted activities  
in the colony

Volunteer - Thavanish ( Charitable  
student organisation of Christ college  
Autonomous Irinjalakkuda)

Volunteer - National Service Scheme

## 👜 EXPERIENCE

### Psychiatric social work trainee -

Yenepoya Medical College

Case history taking

MSE

MMSE

Providing Psychoeducation

Psychosocial Interventions

### Medical and Psychiatry Social Work trainee -

The Banyan, Chennai

One month internship

Preparation of Individual care plan

Case history taking

### Medical Social Work trainee -

Community Health Centre, Cheruvathur

Empathy, Applying primary methods to the field

Worked with Palliative care team

### Social work trainee -

District Child Protection Unit

Involved in the activities of DCPU

Become part of rescuing a child

Group work

Community program

### Social work trainee -

Pondicherry Multipurpose Social Service Society

Applied primary methods such as case work,group work  
and community organization

Community mobilization

Conducted student parliament

### Social work trainee -

Mahatma Buds School Periy

Dealing with differently abled children

## 🎓 EDUCATION

### Master of Social Work Medical and Psychiatry Specialisation

Central University of Kerala

2021-23

### Bachelor of Commerce

Christ college Autonomous Irinjalakkuda

2017-2020

## 💡 PROJECTS

Participated in National Conference on  
"Indian Approaches to Human Resource  
and Community Development"  
organised by Department of Social  
Work, Central University of Kerala

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 **LANGUAGES**

English Malayalam Hindi

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**Experience of Women Living With PCOS and Their Mental Health**

As part of partial completion of Master of Social Work.

Qualitative Method with the help of Atlas ti software was  
used.

Working on same to publish as an article.