

***Dr.Asif Ameen c p***

***B.A.M.S MS (AYU)***

***9645166032 /drasifameen@ gmail.com***

***Reg .no.14144***

---



Dr. Asif Ameen

BAMS, MS(Ayu) HOD Orthopedic and General Surgery

Dr. Asif Ameen is a highly experienced medical professional who specializes in orthorehabilitation, sports medicine, and parasurgical operations. Dr Asif served many reputed hospitals like Rajagiri hospital, Coimbatore Ayurveda medical college , KMCT Ayurveda Medical College , Sevana Hospital, Sanjeevanam Ayurveda hospital etc.... Doctor Specialises in focused on three main areas: surgery, orthopedics, and sports medicine. His expertise in Ortho rehabilitation helps patients recover and improve their quality of life. He provides personalized treatment plans to aid athletes' quick and safe recovery.

Dr. Ameen's patients appreciate his compassionate nature and his ability to explain complex medical conditions in a way that is easy to understand. His extensive experience and deep knowledge of Ayurvedic medicine make him an excellent choice for those seeking alternative forms of medical treatment.

He specializes in treating specific diseases such as

Ortho : lower back pain, neck pain, cervical spondylosis, lumbar spondylosis, scoliosis, osteoarthritis, Joint disorders

Surgery : piles, fistula, fissure, pilonidal sinus, abscess, diabetic ulcer, and chronic ulcer.

Sports medicine: ligament injuries, tendon injuries, muscle pain, and sports fitness

Currently working as consultant and senior medical officer Shalya tantra Department at Sanjeevanam Ayurveda hospital kochi. & Assistant professor in shalya tantra department of Tapovana Ayurveda medical college ,Karnataka .

**AIM & PURPOSE:**

To get an experience of work in an esteemed organization which provide me ample knowledge and opportunity to emerge as a good practitioner by utilizing my skills and competencies

### **PERSONAL SKILLS:**

- Commitment to work, assertive, adaptive, work dedication, highly disciplined & time consciousness.
- Excellent communication, empathetic person.
- Experience in Ortho Sports and Surgery.

### **EDUCATIONAL QUALIFICATION :**

<b>Courses</b>	<b>Board /University</b>
S.S.L.C	Kerala
PUC	Kerala
B.A.M.S	R.G.U.H.S
MS SHALYATHANTRA	R.G.U.H.S

### **PROFESSIONAL EXPERIENCE:**

- RMO at AVP Ayurveda Medical college
- Chief Medical Officer at Sevana Hospital,pattambi
- Chief Physician at CeePees Ayurveda,Thritala
- Consulting Doctor at Shafi Ayurveda Nursing Home,pattambi
- Visiting Doctor at Kashyapa Ayurveda Hospital,Nellaya ● Chief Physician at Ayurjeeva Hospital, Palakkad
- Assistant professor at karavali Ayurveda medical college
- Experience in Tele health co- ordinator
- Acupuncture Experience during swasthavrtha and naturopathy practical training
- Experience in Hijama/ cupping therapy
- Senior medical officer at Rajagiri Hospital
- Senior medical officer at Sevana Hospital

- Assistant professor at KMCT Ayurveda college
- Senior medical officer and HOD at Sanjeevanam Ayurveda hospital

### **ACADEMIC /ADDITIONAL QUALIFICATION:**

- Thesis work completed on Madhu Mehaja Vrana during Shalya Thantra PG ● Special Experience in Emergency Medicine
- Teaching Experience in Anatomy , ENT, and Surgery.

### **STUDENT ACTIVITIES &ACHIEVEMENTS:**

- Secured 1<sup>st</sup> place in cricket Tournament at sports meet held at K.A.M.C. Mangalore 2009.
- Secured 1<sup>st</sup> prize in Volleyball Tournament at Sports meet in AYUR-UTSAV at K.A.M.C. Mangalore 2011.

### **PERSONAL INFORMATION:**

DOB: 11/05/1989

Sex : Male

Marital Status: Married

Language: Malayalam, Hindi, English, Arabic, kannada, tamil,

Address: Nusrath house, Thirumittakode po, Palakkad dist., Kerala